## MARY ALICE WARREN COMMUNITY CENTER UPCOMING PROGRAMS

**AMERICAN MAHJONG** 

**EVERY MONDAY, 1:00PM-5:00PM** 

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, RYCKMAN6@GMAIL.COM

CARD GAME CLASS

**EVERY WEDNESDAY, 1:00PM-4:00PM** 

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT BETH AT <u>BETH.DELLER@COMCAST.NET</u> OR <u>772-321-2866</u>.

COLORED PENCIL CLASS

SEPTEMBER 5, 12, 19, & 26, 6:00PM-8:30PM & SEPTEMBER 6, 13, 20, & 27, 9:30AM-12:00PM
THIS BEGINNER 4-WEEK COURSE WILL COVER THE BASICS TO START YOU ON YOUR COLORED PENCIL
JOURNEY. COST FOR THE 4 WEEK COURSE IS \$50. TO REGISTER, EMAIL INSTRUCTOR SUSAN MORRIS AT
SHMORRISART@GMAIL.COM.

CRAFT WITH MARLENE KUSER

**SEPTEMBER 5, 3:00PM-5:00PM** 

ARTIST MARLENE KUSER WILL HELP YOU CREATE FELTED SOAP FOR \$10, \$15 OR PAY-WHAT-YOU CAN. CLICK HERE TO REGISTER. FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON WITH THE ARTS COUNCIL WINSTON-SALEM & FORSYTH COUNTY AT CBOYNTON@INTOTHEARTS.ORG.

FAMILY ART DROP-IN **SEPTEMBER 23, 12:00PM-3:00PM** 

ARTIST SEANN VINCENTE WILL GUIDE YOU AS YOU CREATE YOUR OWN WORKS OF ART. CLASS IS FREE! CLICK HERE TO REGISTER. FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON WITH THE ARTS COUNCIL WINSTON-SALEM & FORSYTH COUNTY AT CBOYNTON@INTOTHEARTS.ORG.

**LINE DANCING** 

**EVERY TUESDAY, 5:30PM-7:30PM** 

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT <u>727-776-1555</u> OR <u>JPWOMAN@MSN.COM</u>

LOTUS GIRLS BELLY DANCE CLASS

**SEPTEMBER 13 & 27, 12:00PM-1:00PM** 

EAST MEETS WEST FUSION BELLY DANCE. NO DANCE EXPERIENCE NEEDED BASIC BELLYDANCE MOVES WITH CONTEMPORARY DANCE INCLUDED. FOR QUESTIONS AND TO REGISTER PLEASE CONTACT SUSAN FULCHER AT 336-766-4217 OR SUSANCFULCHER@GMAIL.COM.

**MEDITATIVE MOVEMENT** 

**EVERY WEDNESDAY, 10:30AM-12:00PM (NO CLASS SEPTEMBER 20)** 

CLASS IS FREE! CONTACT BETH BEAN TO REGISTER AT <u>ELBEDAL99@GMAIL.COM</u> OR <u>336-408-9899</u>

MEDITATIVE MOVEMENT WORKSHOP **SEPTEMBER 20 & 21, 9:30AM-12:30PM** 

NO EXPERIENCE NECESSARY. ALL ARE WELCOME, REGISTRATION IS REQUIRED. \$20 PER REGISTRANT OR COMFORTABLE LOVE OFFERING. TO REGISTER <u>CLICK HERE</u>. FOR MORE INFORMATION CONTACT BETH BEAN AT <u>ELBEDAL99@GMAIL.COM</u> OR <u>336-408-9899</u>

MOBILITY & FLEXIBILITY CLASS

EVERY MONDAY AND WEDNESDAY IN SEPTEMBER, 11:00AM-12:00PM (NO CLASS SEP. 25/27)

WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LÍVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT (336) 995-6910 OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

MOMMY & ME CLASS

**TUESDAY'S & THURSDAY'S IN SEPTEMBER, 10:00AM-11:00AM** 

A YOU & ME STYLE CLASS WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$42 PER MONTH OF CLASSES. TO REGISTER <u>CLICK HERE</u> OR EMAIL COURTNEY COTTONE AT <u>COURTNEYCOTTONE29@OUTLOOK.COM</u>

SKETCHBOOK WORKSHOP **SEPTEMBER 13 & 27, 9:30AM-11:30AM** 

ART THROUGH GUIDED MEDITATION. CLASS IS FREE! PARTICIPANTS WILL NEED TO BRING THEIR OWN MATERIALS. THE LIST OF MATERIALS INCLUDES A SKETCHBOOK AND PENCILS, PENS, OR COLORED PENCILS. FOR QUESTIONS AND TO REGISTER PLEASE CONTACT SUSAN FULCHER AT 336-766-4217 OR SUSANCFULCHER@GMAIL.COM.

**SHAG DANCE** 

BEGINNER CLASS - SEPTEMBER 11, 18, 25, & OCTOBER 2, 5:00PM-6:00PM

JOIN INSTRUCTOR SUE RICE AS SHE TEACHES A SHAG DANCE CLASS. NO PARTNER IS NEEDED TO BEGIN. PLEASE WEAR SMOOTH BOTTOM SHOES. COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT 336-765-7898.

STORY TIME SERIES **SEPTEMBER 23, 11:00AM-12:00PM** 

JOIN OUR STORYTELLERS ON FUN ADVENTURES AND PERFORMANCES. CLASS IS FREE! CLICK HERE TO REGISTER. FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON WITH THE ARTS COUNCIL WINSTON-SALEM & FORSYTH COUNTY AT CBOYNTON@INTOTHEARTS.ORG.

TECHNOLOGY WORKSHOP

**SEPTEMBER 14, 6:30PM-8:00PM** 

BRING YOUR SMARTPHONES AND/OR TABLETS FOR BASIC HOW TO USE. GET COMFORTABLE WITH YOUR TECHNOLOGY. CLASS IS FREE! TO REGISTER EMAIL ADAM GEREN AT <a href="mailto:info@seniorcitizenplus.org">INFO@seniorcitizenplus.org</a>.

WET FELTING CLASS **SEPTEMBER 11, 18, 25, & OCTOBER 2, 9:30AM-12:00PM** 

LEARN TO WET WOOL BY MAKING A PIECE OF HANDMADE FELT FABRIC.WHAT TO BRING: A SPRAY BOTTLE, OLD TOWEL, APRON AND YOUR IMAGINATION. OTHER SUPPLIES ARE INCLUDED. CLASS IS FREE. YOU MUST BE REGISTERED TO ATTEND. CLASS SIZE IS LIMITED. CALL THE SHEPHERD'S CENTER AT 336-748-0217 TO REGISTER.

**ZUMBA CLASS** 

**EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM** 

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. \$7 PER CLASS. FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT TAYLOR LAZEAU AT TAYLORLAZEAU@GMAIL.COM.

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE CLICK HERE

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY CLICKING HERE

(336)-866-0525

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