MARY ALICE WARREN COMMUNITY CENTER **UPCOMING PROGRAMS**

AMERICAN MAHJONG

EVERY MONDAY, 1:00PM-5:00PM

CLASS IS FREE! REGISTRATION IS REQUIRED. TO REGISTER CONTACT KATHY RYCKMAN, RYCKMAN6@GMAIL.COM

COLORED PENCIL CLASS

TUESDAY'S IN APRIL, 10:00AM-12:00PM & 6:30PM-8:30PM JOIN SUSAN MORRIS, AS SHE UNVEILS HER LOVE FOR COLORED PENCIL MEDIUM. SHE'LL TEACH YOU

INTRODCUTION CLASS, MARCH 23, 10:00AM-12:00PM & 6:30PM-8:30PM

ABOUT ITS VERSATILITY AND SECRETS TO CREATING ONE-OF-A-KIND ARTWORK. COST FOR THE 4 WEEK COURSE IS \$40. REGISTER BY EMAIL TO <u>SHMORRISART@GMAIL.COM.</u>

FAIRY HAIR CLASS

APRIL 1, 15, & 29, 2:00PM-3:00PM

KERRY BRISTOL WILL BE TEACHING YOU HOW TO DO FAIRY HAIR. COST FOR THE CLASS IS \$10. FOR MORE INFORMATION AND TO SIGN UP <u>CLICK HERE</u>. FOR ANY QUESTIONS PLEASE CALL KERRY BRISTOL AT (732) 673-9376.

APRIL 3 & 4, 6:00PM-9:00PM

MORE THAN A FIREARM SAFETY COURSE, INSTRUCTION INCLUDES ETHICS AND RESPONSIBILITY, **HUNTER EDUCATION** CONSERVATION AND WILDLIFE MANAGEMENT, WILDLIFE IDENTIFICATION, SURVIVAL AND FIRST AID, SPECIALTY HUNTING AND TREE STAND SAFETY. CLASS IS FREE! PREREGISTRATION REQUIRED. CLICK HERE TO REGISTER.

LINE DANCING

EVERY TUESDAY, 5:30PM-7:30PM

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT 727-776-1555 OR JPWOMAN@MSN.COM

MEDITATIVE MOVEMENT

EVERY TUESDAY, 10:00AM-11:00AM

CLASS IS FREE! CONTACT BETH BEAN TO REGISTER AT 336-408-9899 OR ELBEDAL99@GMAIL.COM

EVERY MONDAY AND WEDNESDAY IN APRIL, 11:00AM-12:00PM

WINSTON WELL-BEING WILL BE OFFERING A SERIES OF CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90 (\$15 PER SESSION). FOR MORE INFORMATION AND TO REGISTERE PLEASE CALL MICHAEL FITZPATRICK AT (336) 995-6910 OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

MOBILITY & FLEXIBILITY CLASS

TUESDAY'S AND THURSDAY'S IN APRIL 10:00AM-11:00AM

MOMMY & ME A YOU & ME STYLE CLASS WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$45 FOR THE MONTH OF CLASSES. TO REGISTER <u>CLICK HERE</u> OR EMAIL COURTNEY COTTONE AT CLASS COURTNEYCOTTONE29@OUTLOOK.COM

MONDAY'S IN APRIL, 9:30AM-12:00PM **OPEN DOORS** PORTRAITS, PEOPLE, AND PETS BY OPEN DOORS ART INSTRUCTOR AND ARTIST, MARGARET MILLER. **ART CLASS** COST FOR CLASS IS \$25 WHICH INCLUDES ALL ART SUPPLIES. CALL THE SHEPHERD'S CENTER 336-748-0217 TO REGISTER.

READERS' THEATER ACTING CLASS

MARCH 23, 30, ARPIL 6, 13, 20, & 27, 7:30PM-9:30PM

THIS CLASS IS AN INTRODUCTION TO THE BASIC SKILLS REQUIRED TO AUDITION FOR AN ACTING ROLE IN COMMUNITY THEATER. COST FOR THE 6 SESSIONS IS \$20. FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT JOHN HOHN AT <u>336-457-0523</u> OR JOHNHOHN857@GMAIL.COM.

REYNOLDA HOUSE DISCOVERY LESSONS

MARCH 25 & APRIL 15, 10:00AM-11:30AM

PRESCHOOLERS AND THEIR CAREGIVERS WILL EXPLORE ART AND IDEAS THROUGH ACTIVITIES, USING A WORK OF ART OR ITEM FROM REYNOLDA HOUSE MUSEUM. \$5 PER CHILD PER CLASS. TO REGISTER CLICK HERE. FOR QUESTIONS, CONTACT JANIE BASS AT JANIE@REYNOLDA.ORG OR (336) 758-6271.

BEGINNER CLASS - APRIL 3, 10, 17, & 24, 5:00PM-6:30PM INTERMEDIATE CLASS - APRIL 3, 10, 17, & 24, 6:30PM-7:30PM

SHAG DANCE JOIN INSTRUCTOR SUE RICE AS SHE TEACHES A SHAG DANCE CLÁSS. NO PARTNER IS NEEDED TO BEGIN. PLEASE WEAR SMOOTH BOTTOM SHOES. COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT 336-765-7898.

DISEASE

APRIL 15, 1:00PM-3:00PM

TREATING CHRONIC NEIL COOPER DOM, IS A SCIENTIST, CLINICIAN, & EDUCATOR WITH 45 YEARS CLINICAL EXPERIENCE IN EASTERN & WESTERN MEDICINE. CLASS IS FREE! FOR INFORMATION CONTACT DR. NEIL COOPER AT DRNCOOPER@EARTHLINK.NET OR (336) 794-4080.

WOMEN'S SELF **DEFENSE CLASS**

APRIL 12, 19, 26, & MAY 3, 6:00PM-8:00PM

THIS SELF-DEFENSE AND PERSONAL PROTECTION TRAINING IS A FOUR PART SERIES DESIGNED TO EQUIP ADULT WOMEN WITH THE NECESSARY SKILLS AND STRATEGIES TO IDENTIFY, DETER, AND DEFEND AGAINST ATTACKERS. FOR MORE INFORMATION ABOUT REGISTERING CONTACT JONATHAN TROTTER AT 336-745-8171 OR JTROTTER.US@GMAIL.COM.

EVERY TUESDAY, 6:00PM-7:00PM

YOGA CLASS

INSTRUCTOR BRIAN BRISTOL WILL BE TEACHING A VINYASA FLOW CLASS FOR ALL LEVELS. \$10 PER CLASS. FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT BRIAN BRISTOL AT 704-438-5663 OR BBRISTOL01@GMAIL.COM.

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE CLICK HERE

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY CLICKING HERE

(336)-866-0525

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