## MARY ALICE WARREN COMMUNITY CENTER APRIL 2025 UPCOMING PROGRAMS

APR	IL 2025 UPCOMING PRUGRAMS
AMERICAN MAHJONG	<b>EVERY MONDAY, 1:00PM-5:00PM</b> CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, <u>RYCKMAN6@GMAIL.COM</u>
<b>BLOOD DRIVE</b>	<b>APRIL 9, 1:00PM-5:30PM</b> TO SIGN UP TO GIVE BLOOD <u>CLICK HERE</u> AND SEARCH BY SPONSOR CODE:LEWISVILLE TO MAKE AN APPOINTMENT. FOR MORE INFORMATION CONTACT THE AMERICAN RED CROSS AT 336-289-0325.
	<b>EVERY WEDNESDAY, 1:00PM-4:00PM</b> ASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT <u>DEBRALOUISE1012@GMAIL.COM</u> OR <u>336-926-4120</u> .
COLORED PENCIL EXPLORERS	<b>APRIL 12, 11:00AM-3:30PM</b> DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO <u>SHMORRISART@GMAIL.COM</u> .
COLORED PEN OPEN DRAW	CIL EVERY MONDAY, 10:00AM-12:00PM OPEN DRAW IS FREE! FOR QUESTIONS OR MORE INFORMATION EMAIL SUSAN MORRIS AT <u>SHMORRISART@GMAIL.COM</u>
DRAWING LANDSCAPES	APRIL 17, 24, & MAY 1, 9:45AM-12:00PM JOIN US AS WE EXPLORE WHAT MAKES A GOOD LANDSCAPE DRAWING, HOW TO BLOCK IN THE DETAILS AND PULL IT ALL TOGETHER FOR A PLEASING AND BEAUTIFUL COMPOSITION, INCLUDING DEPTH OF FIELD, DETAILS, FOREGROUND/MIDGROUND/BACKGROUND. THIS CLASS WILL CREATE LANDSCAPES FROM PHOTO SOURCES, WORKING IN GRAPHITE, COLORED PENCIL, INK AND INK WASH. STUDENTS WILL EXPLORE SINGLE MEDIUM AND MIXED MEDIA DRAWINGS, WITH INSTRUCTION ON BLENDING AND CONTRASTIVE USAGES. COST FOR THE 3 SESSIONS IS \$39. TO REGISTER EMAIL <u>SKWIMBISH@GMAIL.COM</u>
FUNDAMENTA OF PORTRAITS COLORED PEN	HIS YEARS OF EXPERIENCE AND EXPERTISE AS WE EXPLORE TECHNIQUES TO
GÜIPIL BILINGUAL BOOK CLUB AND JOURNALING	APRIL 8, 6:00PM-7:30PM THIS BOOK CLUB-STYLE ACTIVITY OFFERS PARTICIPANTS A UNIQUE OPPORTUNITY TO ENGAGE WITH BILINGUAL TEXTS THAT REFLECT DIVERSE CULTURAL NARRATIVES AND TO USE WRITING AS A TOOL FOR PERSONAL DISCOVERY AND EXPRESSION. ALL SESSIONS ARE FREE! REGISTRATION IS REQUIRED. TO REGISTER CONTACT <u>REBECASEGEBRE@GMAIL.COM</u> .
LINE DANCING	<b>EVERY TUESDAY, 5:30PM-7:30PM (NO CLASS APRIL 22)</b> \$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT <u>727-776-1555</u> OR <u>JPWOMAN@MSN.COM</u>
MANIPULATIN YOUR PHOTOS TO INSPIRE YOUR ARTWOI	MANIPULATE PHOTO REFERENCES USING A VARIETY OF APPS DESIGNED TO ENHANCE THEIR ART-MAKING PROCESS. PERFECT FOR ARTISTS OF ALL SKILL
MEDITATIVE MOVEMENT	<b>ARPIL 2, 16, 23 &amp; 30, 10:30AM-12:00PM &amp; APRIL 24, 6:00PM-7:30PM</b> DISCOVER A WAY TO TRANSFORM AND RELEASE NEGATIVE THOUGHTS AND FEELINGS AND IMPROVE OVERALL HEALTH AND WELLBEING THROUGH MOVEMENT. THE GENTLE, FLUID MOVEMENT SEQUENCES IN MEDITATIVE MOVEMENT ARE A DISTINCTIVE COMBINATION OF ANCIENT, TRADITIONAL EASTERN MARTIAL ART FORMS COMBINED WITH CONTEMPORARY INSIGHT AND KNOWLEDGE FOR A UNIQUELY WELL ROUNDED AND COMPREHENSIVE HOLISTIC MOVING MEDITATION. CLASS IS FREE BUT REGISTRATION IS REQUIRED. PLEASE TEXT OR EMAIL INSTRUCTOR BETH BEAN TO

REGISTER, <u>336-408-9899</u> OR <u>ELBEDAL99@GMAIL.COM</u>.

<b>EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM</b> WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF CLASSES IS \$100. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT (336) 995-6910 OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.	
MUSIC & MOVEMENT - TUESDAY'S, 10:00AM-11:00AM & THURSDAY'S, 9:00AM- 10:00AM & 10:00AM-11:00AM YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$57 PER MONTH OF CLASSES. TO REGISTER <u>CLICK HERE</u> .	
<b>APRIL 17, 10:00AM-12:00PM</b> <b>TURN THOUGHTS AND MEMORIES INTO WRITTEN WORDS WITH EXPERT HELP FROM</b> A LIFELONG WRITER. WITH DIRECTED PRACTICE AND FUN EXERCISES, THIS CLASS EXPLORES LIFE'S COLORS, CHARACTERS, AND CIRCUMSTANCES AND GUIDES US AS WE RECORD THEM. COST FOR THE ENTIRE 6-MEETING CLASS IS \$40. TO REGISTER OR FOR QUESTIONS EMAIL HOLLYHMARION@GMAIL.COM.	
<b>PRECISION</b> <b>PRECISION</b> <b>PRECISION</b> <b>PORTRAITS</b> <b>IN</b> THIS FULL-DAY WORKSHOP, JOHN WILL TAKE YOU STEP-BY-STEP THROUGH DRAWING AN ENTIRE PORTRAIT HEAD, BREAKING IT DOWN IN AN APPROACHABLE AND FUN WAY. YOU'LL EXPERIENCE THE MAGIC OF PRECISION, MASTER LAYERING TECHNIQUES, AND BRING SKIN TONES AND TEXTURES TO LIFE LIKE NEVER BEFORE. COST FOR THE CLASS IS \$150. <u>CLICK HERE</u> TO REGISTER. FOR QUESTIONS OR MORE INFORMATION EMAIL <u>SHMORRISART@GMAIL.COM</u> .	
<b>APRIL 1 &amp; 15, 6:00PM-8:00PM</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SERVING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEVING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEWING</b> <b>SEW</b>	
<b>APRIL 7, 14, 21, &amp; 28, 6:00PM-7:00PM SHAG DANCE</b> LEARN THE FUNDAMENTALS OF THIS POPULAR CAROLINA DANCE WITH BASIC STEPS, TURNS AND STYLE. PRACTICE IS YOUR GOAL TO MASTER UPPER-LEVEL STEPS TO BEACH MUSIC THAT MOVES YOU TO THE FLOOR! COST IS \$50 FOR THE 4- CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT <u>336-765-7898</u> .	
<b>EVERY FRIDAY, 9:00AM-10:00AM</b> TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS "A MOVING MEDITATION." IT IS PRACTICED BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH ARTHRITIS AND OTHER CHRONIC CONDITIONS. A \$2 DONATION IS SUGGESTED FOR EACH CLASS. FOR QUESTIONS ALL THE SHEPHERD'S CENTER AT <u>336-748-0217</u> .	
<b>WINSTON- SALEM</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SERENADES</b> <b>SERENADES</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SYMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SERENADES</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMPHONY</b> <b>SUMP</b>	
<b>EVERY TUESDAY, 6:00PM-7:00PM</b> THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE, AND MOBILITY. PLEASE BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. CLASS IS FREE! FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT <u>KAKILPINEN@GMAIL.COM</u> .	
<b>EVERY MONDAY &amp; WEDNESDAY, 6:30PM-7:30PMZUMBA</b> JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. CLASS IS FREE STARTING IN APRIL 2025! TO REGISTER PLEASE CONTACT TAYLOR AT TAYLORLAZEAU@GMAIL.COM.	
FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE <u>CLICK HERE</u>	

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY <u>CLICKING HERE</u>