# Mary Alice Warren Community Center August 2025 Upcoming Programs

AMERICAN MAHJONG

#### Every Monday, 1:00pm-5:00pm

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, <a href="mailto:ryckman6@gmail.com">ryckman6@gmail.com</a>.

### BLOOD DRIVE

#### August 6, 1:00pm-5:30pm

To sign up to give blood <u>CLICK HERE</u> and search by Sponsor Code: LEWISVILLE to make an appointment. For more information contact The American Red Cross at 336-289-0325.

#### CARD GAME CLASS

#### Every Wednesday, 1:00pm-4:00pm

CLASS IS FREE! Join Instructor Beth Deller as she will be teaching different card games. The first game she will be teaching is Pennies from Heaven.

Registration is required. To Register contact Debra Thompson at <a href="mailto:debralouise1012@gmail.com">debralouise1012@gmail.com</a> or <a href="mailto:336-926-4120">336-926-4120</a> or contact Dawn Shannon at 336-829-6464.

#### COLORED PENCIL EXPLORERS

#### August 9, 11:00am-3:30pm

Do you love colored pencils and want to connect with others who feel the same? Then join us to connect with and get to know others who enjoy creating with colored pencils. Register by email to <a href="mailto:shmorrisart@gmail.com">shmorrisart@gmail.com</a>.

### COLORED PENCIL OPEN DRAW

#### Every Monday, 10:00am-12:00pm

Open Draw is FREE! For questions or more information email Susan Morris at shmorrisart@gmail.com

#### August 16, 12:00pm-3:00pm

#### FAMILY ART DROP-IN

Arts Council of Winston-Salem & Forsyth County is hosting hands-on visual arts classes and workshops led by professional art instructors, including free art activities geared toward youth and families. August 16<sup>th</sup> is Sankofa and Sunflowers led by Phoebe Roberts. Each session is FREE! Registration is required. To register <a href="CLICK HERE">CLICK HERE</a>. For more information or questions contact Cécile Boynton at <a href="cboynton@intothearts.org">cboynton@intothearts.org</a> or <a href="case-arts-1336">(336) 747-1431</a>.

#### LINE DANCING

#### Every Tuesday, 5:30pm-7:30pm

\$7 per class. Contact Jackie Phillips to register at <u>(727) 776-1555</u> or <u>jpwoman@msn.com.</u>



#### Every Monday and Wednesday, 11:00am-12:00pm

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at (336) 995-6910 or email at winstonwellbeing@gmail.com.

#### MOMMY & ME CLASSES

## Music & Movement - Tuesday's, 10:00am-11:00am & Thursday's, 9:00am-10:00am & 10:00am-11:00am

You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$57 per month of classes. To register <u>CLICK HERE</u>.

#### August 17, 3:00pm-4:30pm

# OPERA

Pop Era, The Curtain Call Culture. Join Rachel Bennett (Pianist), Christian Blackburn (Baritone), & Logan Webber (Tenor) for an enjoyable, relaxing afternoon as we explore the world of opera in pop culture. \$15 for adults, kids 10 and under are FREE! To get your ticket CLICK HERE. For questions or more information please call 336-725-7101 or email info@piedmontopera.org

#### SHAG DANCE CLASS

#### August 4, 11, 18, & 25, 6:00pm-7:00pm

Learn the fundamentals of this popular Carolina dance with basic steps, turns and style. Practice is your goal to master upper-level steps to Beach Music that moves you to the floor! Cost is \$50 for the 4-class session. For more information and to register please call Instructor Sue Rice at 336-765-7898.

#### August 22, 10:00am-12:00pm

REYNOLDA DISCOVERY LESSONS

Reynolda Discovery Lessons promote reading readiness and visual literacy for preschoolers through dramatic play, music, movement, and artmaking, using a work of art or item from Reynolda's collection. In this session children will embark on an exciting journey through nature as they explore the stunning landscape of Albert Bierstadt's painting Sierra Nevada. Registration is required. To Register CLICK HERE. For questions, contact Janie Bass at janie@reynolda.org or (336) 758-6271.

#### August 15, 7:00pm-10:00pm

SALEM SWING BAND CONCERT

Join the Salem Swing Band as they host a FREE concert! Come out and dance the night away. For questions or more information email musicdirector@salemband.org

#### August 16, 10:30am-11:30am

STORY TIME SERIES

Come listen and participate in a fun storytelling performances with Ciltona Cawthorne. Each session is free! Registration is required. To register CLICK HERE. For more information or questions contact Cécile Boynton at cboynton@intothearts.org or (336) 747-1431.

#### Every Friday, 9:00am-10:00am

TAI CHI CLASS

Tai Chi is a slow, graceful form of exercise often described as "a moving meditation." it is practiced by millions of people around the globe, because it improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at 336-748-0217.

#### August 23, 9:00am-4:00pm

Join us for a fun and inspiring workshop where you'll discover the magic of drawing rocks underwater! Whether you're new to colored pencils or looking to sharpen your skills, this workshop is a perfect mix of creativity and technique! Cost for the class is \$140. CLICK HERE to register. For questions or more information email shmorrisart@gmail.com.

### YOGA CLASS

#### Every Tuesday, 6:00pm-7:00pm (No Class August 5)

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at kakilpinen@gmail.com.

#### For Detailed Information on All Programs CLICK HERE

Sign Up to Get Monthly Program Updates by CLICKING HERE