

# MARY ALICE WARREN COMMUNITY CENTER

## DECEMBER 2024 UPCOMING PROGRAMS

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### AMERICAN MAHJONG

**EVERY MONDAY, 1:00PM-5:00PM**

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, [RYCKMAN6@GMAIL.COM](mailto:RYCKMAN6@GMAIL.COM)

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### BEACH GLASS CHRISTMAS TREE

**DECEMBER 21, 1:00PM-3:00PM**

BEACH GLASS CHRISTMAS TREE - YOU WILL HAVE A VARIETY OF COLORS AND TONES OF BEACH GLASS TO CREATE WITH. THE GLASS COMES IN MANY SHAPES AND SIZES SO YOU'LL BE ABLE TO FIND THE PERFECT ONES FOR YOUR CREATION! ALL MATERIALS INCLUDED. CLASS WILL TAKE APPROXIMATELY 2 HOURS - DEPENDING ON HOW QUICKLY OR LEISURELY YOU'D LIKE TO WORK. \$65 PER PERSON. TO REGISTER [CLICK HERE](#) AND SEARCH FOR DECEMBER 21-LEWISVILLE TO RESERVE YOUR SPOT. FOR QUESTIONS OR MORE INFORMATION EMAIL [INFO@ARTISTICEDGEART.COM](mailto:INFO@ARTISTICEDGEART.COM).

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### BLOOD DRIVE

**DECEMBER 11, 1:00PM-5:30PM**

TO SIGN UP TO GIVE BLOOD [CLICK HERE](#) AND SEARCH BY ZIP CODE OR SPONSOR CODE: LEWISVILLE TO MAKE AN APPOINTMENT. FOR MORE INFORMATION CONTACT THE AMERICAN RED CROSS AT [336-289-0325](tel:336-289-0325).

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### CARD GAME CLASS

**EVERY WEDNESDAY, 1:00PM-4:00PM (NO CLASS DEC. 25)**

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT [DEBRALOUISE1012@GMAIL.COM](mailto:DEBRALOUISE1012@GMAIL.COM) OR [336-926-4120](tel:336-926-4120) OR CONTACT BETTY BARKER AT [336-416-4166](tel:336-416-4166).

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### COLORED PENCIL OPEN DRAW

**DECEMBER 2, 9, & 16, 10:00AM-12:00PM**

OPEN DRAW IS FREE! FOR QUESTIONS OR MORE INFORMATION EMAIL SUSAN MORRIS AT [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM)

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### FAMILY ART POP-IN

**DECEMBER 14, 12:00PM-3:00PM**

JOIN MARLENE KUSER AS YOU CREATE YOUR OWN BEADED JEWELRY. HAVE FUN CREATING YOUR OWN BEADED JEWELRY. CLASS IS FREE! TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT [CBOYNTON@INTOTHEARTS.ORG](mailto:CBOYNTON@INTOTHEARTS.ORG) OR [\(336\) 747-1431](tel:336-747-1431).

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### GUIPIL BILINGUAL BOOK CLUB

**DECEMBER 10, 6:00PM-7:30PM**

THIS BOOK CLUB-STYLE ACTIVITY OFFERS PARTICIPANTS A UNIQUE OPPORTUNITY TO ENGAGE WITH BILINGUAL TEXTS THAT REFLECT DIVERSE CULTURAL NARRATIVES AND TO USE WRITING AS A TOOL FOR PERSONAL DISCOVERY AND EXPRESSION. ALL SESSIONS ARE FREE! REGISTRATION IS REQUIRED. [CLICK HERE](#) TO REGISTER. FOR MORE INFORMATION OR QUESTIONS CONTACT [REBECASEGEBRE@GMAIL.COM](mailto:REBECASEGEBRE@GMAIL.COM).

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### LINE DANCING

**EVERY TUESDAY, 5:30PM-7:30PM (NO CLASS DEC. 24 & 31)**

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT [727-776-1555](tel:727-776-1555) OR [JPWOMAN@MSN.COM](mailto:JPWOMAN@MSN.COM)

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### MAKE AND TAKE INTRODUCTION TO CHAINMAILLE

**DECEMBER 7, 2:30PM-5:30PM**

COME ENJOY A HANDS-ON INTRODUCTION TO TECHNIQUES USED FOR CREATING CHAINMAILLE JEWELRY AND ORNAMENTS. FOR AGES 11 AND OLDER. AGES 11-14 - PARENT/GUARDIAN SHOULD STAY ON THE PREMISES. TO REGISTER [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION EMAIL [JAN.H.MCMANUS@GMAIL.COM](mailto:JAN.H.MCMANUS@GMAIL.COM).

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### MAKE AND TAKE LEGO ORNAMENT WORKSHOP

**DECEMBER 7, 10:00AM-12:00PM**

COME FOR SOME FAST-AND-FUN (30 MINUTES OR LESS) MAKE-AND-TAKE ORNAMENT BUILDING. REGISTERED PARTICIPANTS WILL GET TO MAKE ONE ORNAMENT TO TAKE HOME. CHOOSE FROM MULTIPLE DESIGNS OF DIFFERENT SKILL LEVELS (DESIGN CHOICE WHILE SUPPLIES LAST). FOR AGES 5 THROUGH ADULT, AGES 5-10 - REQUIRE ACCOMPANYING ADULT TO STAY AND SUPERVISE/HELP PARTICIPANT, AGES 11-14 - PARENT/GUARDIAN SHOULD STAY ON THE PREMISES. TO REGISTER [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION EMAIL [JAN.H.MCMANUS@GMAIL.COM](mailto:JAN.H.MCMANUS@GMAIL.COM).

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**DECEMBER 10, 3:00PM-5:00PM**

**MARLENE  
KUSER  
ART  
CLASS**

JOIN ARTIST MARLENE KUSER AS SHE TEACHES 4 FREE ART CLASSES FOR AGES 10+! LEARN HOW TO CREATE EASY-TO-MAKE EARRINGS, JUST IN TIME FOR GIFT GIVING. THIS WORKSHOP IS PERFECT FOR BEGINNERS. NO EXPERIENCE NEEDED. NO EXPERIENCE NEEDED. REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT [CBOYNTON@INTOTHEARTS.ORG](mailto:CBOYNTON@INTOTHEARTS.ORG) OR (336) 747-1431.

**EVERY WEDNESDAY, 10:30AM-12:00PM (NO CLASS DEC. 18 & 25)**

**MEDITATIVE  
MOVEMENT**

DISCOVER A WAY TO TRANSFORM AND RELEASE NEGATIVE THOUGHTS AND FEELINGS AND IMPROVE OVERALL HEALTH AND WELLBEING THROUGH MOVEMENT. THE GENTLE, FLUID MOVEMENT SEQUENCES IN MEDITATIVE MOVEMENT ARE A DISTINCTIVE COMBINATION OF ANCIENT, TRADITIONAL EASTERN MARTIAL ART FORMS COMBINED WITH CONTEMPORARY INSIGHT AND KNOWLEDGE FOR A UNIQUELY WELL ROUNDED AND COMPREHENSIVE HOLISTIC MOVING MEDITATION. CLASS IS FREE BUT REGISTRATION IS REQUIRED. PLEASE TEXT OR EMAIL INSTRUCTOR BETH BEAN TO REGISTER, [336-408-9899](tel:336-408-9899) OR [ELBEDAL99@GMAIL.COM](mailto:ELBEDAL99@GMAIL.COM).

**MOBILITY &  
FLEXIBILITY  
CLASS**

**EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM (NO CLASS DEC. 25 & 30)** WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT [\(336\) 995-6910](tel:336-995-6910) OR EMAIL AT [WINSTONWELLBEING@GMAIL.COM](mailto:WINSTONWELLBEING@GMAIL.COM).

**MOMMY  
& ME  
CLASSES**

**MUSIC & MOVEMENT - TUESDAY'S, 10:00AM-11:00AM & THURSDAY'S, 9:00AM-10:00AM & 10:00AM-11:00AM (NO CLASS DEC. 24 & 26)**  
**BOUNCING BABIES PLAYGROUP - TUESDAY'S, 11:00AM-12:00PM (NO CLASS DEC 24)** YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$47 PER MONTH OF CLASSES. TO REGISTER [CLICK HERE](#).

**SOUND  
BATH**

**DECEMBER 27, 3:00PM-4:00PM**

A SOUND BATH IS AN IMMERSIVE, FULL BODY, LISTENING EXPERIENCE THAT USES SOUND TO CREATE THERAPEUTIC AND RESTORATIVE RELAXATION TO NURTURE YOUR MIND AND BODY. COST OF THE CLASS IS \$30. TO REGISTER PLEASE CALL [\(719\) 425-7671](tel:719-425-7671). FOR MORE INFORMATION OR QUESTIONS CONTACT SUSAN MORRIS AT [HEARTTOHEARTVIBRATIONS@OUTLOOK.COM](mailto:HEARTTOHEARTVIBRATIONS@OUTLOOK.COM).

**STORY TIME  
SERIES**

**DECEMBER 14, 10:30AM-11:30AM**

COME LISTEN AND PARTICIPATE IN FUN STORYTELLING WITH BOB MOYER. CLASS IS FREE! TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT [CBOYNTON@INTOTHEARTS.ORG](mailto:CBOYNTON@INTOTHEARTS.ORG) OR [\(336\) 747-1431](tel:336-747-1431).

**SHAG DANCE  
CLASS**

**DECEMBER 2, 9, 16, & 23, 6:00PM-7:00PM**

LEARN THE FUNDAMENTALS OF THIS POPULAR CAROLINA DANCE WITH BASIC STEPS, TURNS AND STYLE. PRACTICE IS YOUR GOAL TO MASTER UPPER-LEVEL STEPS TO BEACH MUSIC THAT MOVES YOU TO THE FLOOR! COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT [336-765-7898](tel:336-765-7898).

**TAI CHI  
CLASS**

**EVERY FRIDAY, 9:00AM-10:00AM**

TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS "A MOVING MEDITATION." IT IS PRACTICED BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH ARTHRITIS AND OTHER CHRONIC CONDITIONS. \$2 PER CLASS. FOR QUESTIONS ALL THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217).

**YOGA  
CLASS**

**EVERY TUESDAY, 6:00PM-7:00PM (NO CLASS DEC. 24 & 31)**

THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE, AND MOBILITY. PLEASE BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. CLASS IS FREE! FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT [KAKILPINEN@GMAIL.COM](mailto:KAKILPINEN@GMAIL.COM).

**ZUMBA  
CLASS**

**EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM (NO CLASS DEC. 25)**

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. \$7 PER CLASS. TO REGISTER PLEASE CONTACT TAYLOR AT [TAYLORLAZEAU@GMAIL.COM](mailto:TAYLORLAZEAU@GMAIL.COM).

**FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE [CLICK HERE](#)**

**SIGN UP TO GET MONTHLY PROGRAM UPDATES BY [CLICKING HERE](#)**