Mary Alice Warren Community Center December 2025 Upcoming Programs

AMERICAN MAHJONG

Every Monday, 1:00pm-5:00pm

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, ryckman6@gmail.com.

BLOOD DRIVE

December 3, 1:00pm-5:30pm

To sign up to give blood **CLICK HERE** and search by Sponsor Code: LEWISVILLE to make an appointment. For more information contact The American Red Cross at 336-289-0325.

CARD GAME CLASS Every Wednesday, 1:00pm-4:00pm (No Class Dec. 24)

CLASS IS FREE! Pennies from Heaven is a form of canasta, but with more strategy. Its akin to Hand & Foot canasta. Beware! Its a lot of fun but becomes very addictive. Registration is required. To Register contact Debra Thompson at debralouise1012@gmail.com or contact Dawn Shannon at 336-829-6464.

COLORED PENCIL OPEN DRAW

Every Monday, 10:00am-12:00pm (No Class Dec. 22 & 29)

Open Draw is FREE! For questions or more information email Susan Morris at president@cpsa125.org

DROP-IN

December 20, 12:00pm-3:00pm

Arts Council of Winston-Salem & Forsyth County is hosting handson visual arts classes and workshops led by professional art instructors geared toward youth and families. December 20th is Memory Wire Bracelets with Marlene Kuser. Each session is FREE! Registration is required. To register **CLICK HERE**. For more information or questions contact Cécile Boynton at <u>cboynton@intothearts.org</u> or (336) 747-1431.

FREE MAKE-AND-TAKE **LEGO** ORNAMENT WORKSHOP

December 13, 9:15am-1:00pm & 2:00pm-6:00pm

Come for some fast-and-fun (30 minutes or so) make-and-take brick building. Registered participants will get to make one item to take home. Choose from multiple designs of different skill levels (design choice while supplies last). For ages 5 through adult: ages 5-10 - Require accompanying adult to stay and supervise/help participant; ages 11-14 - Parent/guardian should stay on the premises. To register <u>CLICK HERE</u>.

LEARN

Every Tuesday, 2:00pm-4:00pm

Come and learn to play partner euchre. Euchre is a trick-taking card **TO PLAY** game typically played by four people in two teams. Instruction will be **EUCHRE** provided. Class is Free! To register or for questions call Instructor Peg Lauer at (330) 968-8777 or Becca at (319) 777-6254.

LINE DANCING Every Tuesday, 5:30pm-7:30pm

\$7 per class. Contact Jackie Phillips to register at (727) 776-1555 or jpwoman@msn.com.

MARLENE KUSER CLASS

December 18, 3:00pm-5:00pm

Arts Council of Winston-Salem & Forsyth County is hosting a handson visual arts class and workshops led by Marlene Kuser. December 18th is Earing Basics Class is FREE and limited to 8 participants. To register CLICK HERE. For more information or questions contact Cécile Boynton at cboynton@intothearts.org or (336) 747-1412.

MIXXEDFIT CLASS

Every Wednesday, 6:30pm-7:30pm (No Class Dec. 24 & 31) A fitness program that combines bodyweight toning exercises and dance-based movements while incorporating elements of cardio and strength training. \$10 per class. For more information and to register please contact Taylor Lazeau at

MOBILITY & FLEXIBILITY

Every Monday and Wednesday, 11:00am-12:00pm (No Class Dec. 24)

taylorlazeau@yahoo.com.

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at <u>(336) 995-6910</u> or email at <u>winstonwellbeing@gmail.com</u>.

& ME

CLASS

Music & Movement - Tuesday's, 10:00am-11:00am & Thursday's, 9:00am-10:00am & 10:00am-11:00am (No Class Dec. 25 & 30) Preschool Play-School - Tuesday's, 1:15pm-2:00pm (No Class Dec. 30)

You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register <u>CLICK HERE</u>.

STORY TIME SERIES

December 20, 10:30am-11:30am

Come listen and participate in a fun storytelling performance with R.V. Kuser. Each session is free! Registration is required. To register CLICK HERE. For more information or questions contact Cécile Boynton at <u>cboynton@intothearts.org</u> or <u>(336) 747-1431</u>.

TAI CHI CLASS

Every Friday, 9:00am-10:00am (No Class Dec. 26)

Tai Chi is a slow, graceful form of exercise often described as "a moving meditation." It improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at <u>336-748-0217</u>.

THE CIRCLE

December 4, 6:00pm-7:00pm

A community song circle where every voice belongs. Come sign with SINGING us for joy, présence, and heart-filled connection. Simple songs taught on the spot, no experience needed. Class is FREE! To register email sacredhearthealingnc@gmail.com.

YOGA CLASS

Every Tuesday, 6:00pm-7:00pm

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at <u>kakilpinen@gmail.com</u>.

ZUMBA CLASS

Every Monday, 6:30pm-7:30pm (No Class Dec. 22 & 29)

Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at taylorlazeau@yahoo.com.

For Detailed Information on All Programs CLICK HERE

Sign Up to Get Monthly Program Updates by CLICKING HERE