MARY ALICE WARREN COMMUNITY CENTER UPCOMING PROGRAMS

AMERICAN MAHJONG

EVERY MONDAY, 1:00PM-5:00PM (NO CLASS JANUARY 1ST OR 15TH) CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, <u>RYCKMAN6@GMAIL.COM</u>

CARD GAME CLASS

EVERY WEDNESDAY, 1:00PM-4:00PM

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE

WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT BETH AT

BETH.DELLER@COMCAST.NET OR 772-321-2866.

COLOR MY SOUL VISION DAY

JANUARY 13, 9:00AM-5:00PM CREATE YOUR ULTIMATE VISION FOR 2024 TO ALIGN YOUR LIFE FOR YOUR BEST YEAR POSSIBLE! DR. KATHERINE KELLY, HOLISTIC PSYCHOLOGIST, LEADS YOU IN SETTING A THEME FOR THE NEW YEAR USING VISUALIZATION, MEDITATION, HEALING SOUND, AROMATHERAPY, COLOR AND EMPOWERING GEMSTONES, TO CREATE AND MANIFEST YOUR OPTIMAL LIFE. VISION DAY FEE: \$159. FEE INCLUDES ALL SUPPLIES INCLUDING PAINT, CANVAS, HEALING GEMSTONES AND ESSENTIAL OILS. FOR MORE INFORMATION AND TO REGISTER <u>CLICK HERE</u>.

COLORED PENCIL OPEN DRAW

JANUARY 3, 10, 17, 24, & 31, 10:00AM-12:00PM

COME JOIN SUSAN MORRIS FOR AN OPEN DRÁW ŠESŠIOŃ. CLAŚS IS FREE! TO REGISTER, EMAIL INSTRUCTOR SUSAN MORRIS AT <u>SHMORRISART@GMAIL.COM</u>.

COLORED PENCIL EXPLORERS

JANUARY 13, 1:30PM-3:30PM

NCL DO YOU LOVE COLORED PENCILS AND WANT TO CONNÉCT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO <u>SHMORRISART@GMAIL.COM</u>.

DRUG EDUCATION CLASS

JANUARY 22, 6:00PM-8:00PM

TEALDROPS DAY- INTERACTIVE FUN COMMUNITY WELĹNESS EVENT. BECAUSE EVERY CHILD DESERVES TO KNOW THE DANGERS OF INITIAL USE, MISUSE, ADDICTION AND OVERDOSE OF OPIODS. EVENT IS FREE AND NO REGISTRATION IS REQUIRED. FOR MORE INFORMATION OR QUESTIONS PLEASE VISIT <u>WWW.TEALDROPS.ORG</u> OR CALL <u>336-624-0935</u>.

LINE DANCING

EVERY TUESDAY, 5:30PM-7:30PM

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT <u>727-776-1555</u> OR <u>JPWOMAN@MSN.COM</u>

MEDITATIVE MOVEMENT

EVERY WEDNESDAY, 10:30AM-12:00PM (NO CLASS JANUARY 3)

CLASS IS FREE! CONTACT BETH BEAN TO REGISTER AT <u>ELBEDAL99@GMAIL.COM</u> OR <u>336-408-9899</u>

MOBILITY & FLEXIBILITY CLASS

EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM (NO CLASS JANUARY 1ST OR 15TH) WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT (336) 995-6910 OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

MOMMY & ME CLASSES

MUSIC TO MY EARS - TUESDAY'S & THURSDAY'S, 10:00AM-11:00AM STORY TIME ART - TUESDAY'S, 11:15AM-12:00PM

YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS OR CREATE ART BASED ON BOOKS. \$43 PER MONTH OF CLASSES. TO REGISTER <u>CLICK HERE</u>.

JANUARY 25, 6:30PM-8:30PM

POVERTY SIMULATION

THE POVERTY SIMULATION EXPERIENCE IS DESIGNED TO HELP PARTICIPANTS BEGIN TO UNDERSTAND WHAT IT MIGHT BE LIKE TO LIVE IN A TYPICAL LOW-INCOME FAMILY TRYING TO SURVIVE FROM MONTH TO MONTH. THE OBJECTIVE IS TO SENSITIZE PARTICIPANTS TO THE REALITIES FACED BY LOW-INCOME PEOPLE. SIMULATION IS FREE. FOR MORE INFORMATION AND TO REGISTER <u>CLICK HERE</u>.

SHAG DANCE CLASS

BEGINNER CLASS - JANUARY 8, 17, 22, & 29, 5:00PM-6:00PM

JOIN INSTRUCTOR SUE RICE AS SHE TEACHES A SHAG DANCE CLASS. NO PARTNER IS NEEDED TO BEGIN. PLEASE WEAR SMOOTH BOTTOM SHOES. COST IS \$50 FOR THE 4-CLASS SESSION. TO REGISTER PLEASE CALL SUE RICE AT 336-765-7898.

VINTAGE PAPER DOLL CLASS

JANUARY 22, 9:30AM-11:30AM

REVISIT YOUR CHILDHOOD WITH PAPER DOLLS. \$5 PER PERSON. THIS COVERS THE COST OF THE PAPER. ATTENDEES WILL NEED TO BRING PENCIL, COLORED PENCILS, GLUE STICK, & SMALL SHARP SCISSORS. REGISTRATION NOT REQUIRED. FOR QUESTIONS PLEASE CALL SUSAN FULCHER AT <u>336-766-4217</u> AND LEAVE A MESSAGE.

WET FELTING CLASS

JANUARY 8, 22, 29, & FEBRUARY 5, 9:30AM-12:00PM

LEARN TO WET WOOL BY MAKING A PIECE OF HANDMADE FELT FABRIC. WHAT TO BRING: A SPRAY BOTTLE, OLDTOWEL, APRON AND YOUR IMAGINATION. OTHER SUPPLIES ARE INCLUDED. CLASS IS FREE. YOU MUST BE REGISTERED TO ATTEND. CLASS SIZE IS LIMITED. CALL THE SHEPHERD'S CENTER AT <u>336-748-0217</u> TO REGISTER.

ZUMBA CLASS

EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM (NO CLASS JANUARY 1ST OR 15TH)

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. \$7 PER CLASS. TO REGISTER PLEASE CONTACT TAYLOR AT <u>TAYLORLAZEAU@GMAIL.COM.</u>

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE <u>CLICK HERE</u>

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY CLICKING HERE

(336)-866-0525

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