## Mary Alice Warren Community Center January 2026 Upcoming Programs

ADULT ACTING IMPROV January 8, 6:30pm-7:30pm

ARTIST BOOTCAMP January 31, 9:00pm-4:00pm

Whether you're just starting out or looking for a fresh perspective on the fundamentals, this workshop is for you. Together, we'll explore the essential building blocks that give every drawing strength and impact. Cost for the class is \$90. To register CLICK HERE.

AMERICAN MAHJONG Every Monday, 1:00pm-4:30pm (No Class Jan. 19)

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, <a href="mailto:ryckman6@gmail.com">ryckman6@gmail.com</a>.

COLOR MY SOUL VISION DAY January 3, 9:00am-5:00pm

Join Dr. Katherine Kelly for this soul-filled retreat to help you access your soul's palette and paint your way to radiant soul health! Visualization, color, stones, aromatherapy and sound therapy are used to help you create and manifest your optimal life. \$145.00 for 1 person. \$280.00 for 2 people. For more information and to register Click Here.

COLORED PENCIL EXPLORERS January 10, 11:00am-1:00pm

Do you love colored pencils and want to connect with others who feel the same? Then join us to connect with and get to know others who enjoy creating with colored pencils. All are invited and encouraged to attend! FREE but registration is required. Register by email to president@cpsa125.org.

COLORED PENCIL OPEN DRAW

Every Monday, 10:00am-12:00pm (No Class Jan. 19)

Open Draw is FREE! For questions or more information email Susan Morris at <a href="mailto:president@cpsa125.org">president@cpsa125.org</a>

GROWN UP & ME CLASS Music & Movement - Tuesday's & Thursday's, 9:00am-10:00am & 10:00am-11:00am (No Class Jan 1)

Preschool Play-School - Tuesday's, 1:15pm-2:00pm You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register <u>CLICK HERE</u>.

JEWELRY MAKING CLASS January 14, 9:00am-11:00am & 11:30am-1:30pm

Learn how to choose your jewelry-making materials and put them together into a simple, pretty necklace or bracelet set. Experienced designers will be present to guide you through the process from beginning to end. \$20.00 includes instruction and supplies. CASH ONLY PAID TO INSTRUCTOR ON DAY OF CLASS. To register or for more information contact the Shepherd's Center at 336-748-0217.

LEARN TO PLAY EUCHRE Every Tuesday, 2:00pm-4:00pm

Come and learn to play partner euchre. Euchre is a trick-taking card game typically played by four people in two teams. Instruction will be provided. Class is Free! To register or for questions call Instructor Peg Lauer at (330) 968-8777 or Becca at (319) 777-6254.

LET'S PLAY PENNIES Every Wednesday, 1:00pm-4:00pm

CLASS IS FREE! Pennies from Heaven is a form of canasta, but with more strategy. Its akin to Hand & Foot canasta. Beware! Its a lot of fun but becomes very addictive. Registration is required. To Register contact Debra Thompson at <a href="mailto:debralouise1012@gmail.com">debralouise1012@gmail.com</a> or contact Dawn Shannon at 336-829-6464.

LINE DANCING

Every Tuesday, 4:30pm-7:00pm

\$7 per class. Contact Jackie Phillips to register at (727) 776-1555 or jpwoman@msn.com.

MIXED MEDIA LANDSCAPES January 15, 22, & 29, 1:00pm-3:30pm

This class will explore a variety of mediums in combination, several unique and suitable substrates to create mixed media landscapes. Cost for the 5 sessions is \$95. To register email <a href="mailto:skwimbish@gmail.com">skwimbish@gmail.com</a>.

Every Wednesday, 6:30pm-7:30pm

MIXXEDFIT CLASS A fitness program that combines bodyweight toning exercises and dance-based movements while incorporating elements of cardio and strength training. \$10 per class. For more information and to register please contact Taylor Lazeau at <a href="mailto:taylorlazeau@yahoo.com">taylorlazeau@yahoo.com</a>.

## Every Monday and Wednesday, 11:00am-12:00pm (No Class Jan. 19)

MOBILITY & FLEXIBILITY CLASS

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at (336) 995-6910 or email at winstonwellbeing@gmail.com.

SHAG DANCE LESSONS January 5, 12, 20, & 26, 6:00pm-7:00pm

Learn the fundamentals of this popular Carolina dance with basic steps, turns and style. Practice is your goal to master upper-level steps to Beach Music that moves you to the floor! Cost is \$50 for the 4-class session. For more information and to register please call Instructor Sue Rice at 336-765-7898.

STAMP CARVING CLASS January 17, 1:00pm-4:00pm

In this workshop we will use the very easy Speedball's Speedy Carve 4x6 pink rubber plates, using linocut tools to carve out your own design. Cost for the class is \$15 for non-members and \$10 for members.

To register CLICK HERE.

TAI CHI CLASS Every Friday, 9:00am-10:00am

Tai Chi is a slow, graceful form of exercise often described as "a moving meditation." It improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at 336-748-0217.

YOGA CLASS Every Tuesday, 6:00pm-7:00pm

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at <a href="mailto:kakilpinen@gmail.com">kakilpinen@gmail.com</a>.

ZUMBA CLASS Every Monday, 6:30pm-7:30pm (No Class Jan. 19)

Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at <a href="mailto:taylorlazeau@yahoo.com">taylorlazeau@yahoo.com</a>.

For Detailed Information on All Programs CLICK HERE

Sign Up to Get Monthly Program Updates by <a href="CLICKING HERE">CLICKING HERE</a>