

# MARY ALICE WARREN COMMUNITY CENTER

## JULY 2025 UPCOMING PROGRAMS

### AMERICAN MAHJONG

**EVERY MONDAY, 1:00PM-5:00PM**

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, [RYCKMAN6@GMAIL.COM](mailto:RYCKMAN6@GMAIL.COM)

### CARD GAME CLASS

**EVERY WEDNESDAY, 1:00PM-4:00PM**

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT [DEBRALOUISE1012@GMAIL.COM](mailto:DEBRALOUISE1012@GMAIL.COM) OR [336-926-4120](tel:336-926-4120) OR CONTACT DAWN SHANNON AT [336-829-6464](tel:336-829-6464).

### COLORED PENCIL EXPLORERS

**JULY 12, 11:00AM-3:30PM**

DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM).

### COLORED PENCIL OPEN DRAW

**EVERY MONDAY, 10:00AM-12:00PM**

OPEN DRAW IS FREE! FOR QUESTIONS OR MORE INFORMATION EMAIL SUSAN MORRIS AT [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM)

### FAMILY ART DROP-IN

**JULY 19, 12:00PM-3:00PM**

ARTS COUNCIL OF WINSTON-SALEM & FORSYTH COUNTY IS HOSTING HANDS-ON VISUAL ARTS CLASSES AND WORKSHOPS LED BY PROFESSIONAL ART INSTRUCTORS, INCLUDING FREE ART ACTIVITIES GEARED TOWARD YOUTH AND FAMILIES. JULY 19<sup>TH</sup> IS A MIXED MEDIA SELF PORTRAITS LED BY JE'WE LUCAS. EACH SESSION IS FREE! REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT [CBOYNTON@INTOTHEARTS.ORG](mailto:CBOYNTON@INTOTHEARTS.ORG) OR [\(336\) 747-1431](tel:336-747-1431).

### HUDSON RIVER SCHOOL ART EDUCATION

**JULY 23, 10:00AM-11:30AM**

THE SHEPHERD'S CENTER OF WINSTON-SALEM & REYNOLDA HOUSE MUSEUM PRESENT HUDSON RIVER SCHOOL ART EDUCATION. JOIN EMILY BAKER, MANAGER OF COMMUNITY AND ACADEMIC LEARNING AT REYNOLDA HOUSE MUSEUM OF AMERICAN ART, TO LEARN ABOUT A WORK OF ART FROM THE HUDSON RIVER SCHOOL. THIS BRIEF HISTORICAL LESSON WILL BE FOLLOWED BY AN ART ACTIVITY INSPIRED BY THE HUDSON RIVER SCHOOL ARTISTS. THE HUDSON RIVER SCHOOL, EMERGING IN THE MID-19TH CENTURY, WAS AMERICA'S FIRST TRUE ARTISTIC FRATERNITY, MARKING A SIGNIFICANT CHAPTER IN THE NATION'S CULTURAL HISTORY. NO COST. YOU MUST BE REGISTERED TO ATTEND. TO REGISTER PLEASE CALL THE SHEPHERD'S CENTER OF WINSTON-SALEM AT [336-748-0217](tel:336-748-0217).

### LINE DANCING

**EVERY TUESDAY, 5:30PM-7:30PM**

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT [727-776-1555](tel:727-776-1555) OR [JPWOMAN@MSN.COM](mailto:JPWOMAN@MSN.COM)

### MOBILITY & FLEXIBILITY CLASS

**EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM**

WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF CLASSES IS \$100. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT [\(336\) 995-6910](tel:336-995-6910) OR EMAIL AT [WINSTONWELLBEING@GMAIL.COM](mailto:WINSTONWELLBEING@GMAIL.COM).

**MOMMY  
& ME  
CLASSES**

**MUSIC & MOVEMENT - TUESDAY'S, 10:00AM-11:00AM & THURSDAY'S, 9:00AM-10:00AM & 10:00AM-11:00AM (NO CLASS JULY 22 & 24)**  
YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$57 PER MONTH OF CLASSES. TO REGISTER [CLICK HERE](#).

**SHAG DANCE  
CLASS**

**JULY 7, 14, 21, & 28, 6:00PM-7:00PM**  
LEARN THE FUNDAMENTALS OF THIS POPULAR CAROLINA DANCE WITH BASIC STEPS, TURNS AND STYLE. PRACTICE IS YOUR GOAL TO MASTER UPPER-LEVEL STEPS TO BEACH MUSIC THAT MOVES YOU TO THE FLOOR! COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT [336-765-7898](tel:336-765-7898).

**REYNOLDA  
DISCOVERY  
LESSONS**

**JULY 18, 10:00AM-12:00PM**  
REYNOLDA DISCOVERY LESSONS PROMOTE READING READINESS AND VISUAL LITERACY FOR PRESCHOOLERS THROUGH DRAMATIC PLAY, MUSIC, MOVEMENT, AND ARTMAKING, USING A WORK OF ART OR ITEM FROM REYNOLDA'S COLLECTION AS A STARTING POINT. ADVANCE REGISTRATION IS REQUIRED. SINGLE-SESSION CLASSES ARE FOR CHILDREN AGES 3 – 5 AND A CAREGIVER. COST: \$3 PLUS TAX PER CHILD; FREE FOR CAREGIVERS. IN THIS SESSION YOUNG CHILDREN WILL EMBARK ON A FUN, SENSORY-FILLED ADVENTURE AS THEY EXPLORE THE THEMES OF NATURE AND HOME THROUGH THOMAS COLE'S PAINTING HOME IN THE WOODS. THIS HANDS-ON LESSON WILL IGNITE THEIR CURIOSITY, SPARK THEIR CREATIVITY, AND ENCOURAGE COOPERATIVE PLAY, WITH EXCITING INTERACTIVE STATIONS WHERE THEY CAN TOUCH, MOVE, AND CREATE—BRINGING THE WONDERS OF NATURE AND THE IDEA OF HOME TO LIFE IN PLAYFUL, MEMORABLE WAYS. TO REGISTER [CLICK HERE](#). FOR QUESTIONS, CONTACT JANIE BASS AT [JANIE@REYNOLDA.ORG](mailto:JANIE@REYNOLDA.ORG) OR [\(336\) 758-6271](tel:336-758-6271).

**STORY TIME  
SERIES**

**JULY 19, 10:30AM-11:30AM**  
COME LISTEN AND PARTICIPATE IN A FUN STORYTELLING PERFORMANCES WITH CILTONA CAWTHORNE. EACH SESSION IS FREE! REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT [CBOYNTON@INTOTHEARTS.ORG](mailto:CBOYNTON@INTOTHEARTS.ORG) OR [\(336\) 747-1431](tel:336-747-1431).

**TAI CHI  
CLASS**

**EVERY FRIDAY, 9:00AM-10:00AM (NO CLASS JULY 4)**  
TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS “A MOVING MEDITATION.” IT IS PRACTICED BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH ARTHRITIS AND OTHER CHRONIC CONDITIONS. A \$2 DONATION IS SUGGESTED FOR EACH CLASS. FOR QUESTIONS CALL THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217).

**YOGA  
CLASS**

**EVERY TUESDAY, 6:00PM-7:00PM**  
THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE, AND MOBILITY. PLEASE BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. CLASS IS FREE! FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT [KAKILPINEN@GMAIL.COM](mailto:KAKILPINEN@GMAIL.COM).

**ZUMBA  
CLASS**

**EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM**  
JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. CLASS IS FREE! TO REGISTER PLEASE CONTACT TAYLOR AT [TAYLORLAZEAU@GMAIL.COM](mailto:TAYLORLAZEAU@GMAIL.COM).

**FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE [CLICK HERE](#)**

**SIGN UP TO GET MONTHLY PROGRAM UPDATES BY [CLICKING HERE](#)**