

# MARY ALICE WARREN COMMUNITY CENTER

## MAY 2025 UPCOMING PROGRAMS

### AMERICAN MAHJONG

**EVERY MONDAY, 1:00PM-5:00PM (NO CLASS MAY 26)**

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, [RYCKMAN6@GMAIL.COM](mailto:RYCKMAN6@GMAIL.COM)

### CARD GAME CLASS

**EVERY WEDNESDAY, 1:00PM-4:00PM**

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT [DEBRALOUISE1012@GMAIL.COM](mailto:DEBRALOUISE1012@GMAIL.COM) OR [336-926-4120](tel:336-926-4120) OR CONTACT DAWN SHANNON AT [336-829-6464](tel:336-829-6464).

### CLOUDSCAPE ON DRAFTING FILM

**MAY 17, 1:00PM-5:00PM**

LEARN HOW TO CREATE BREATHTAKING ARTWORK BY USING TIME-SAVING COLORED PENCIL TECHNIQUES AS BARBARA DAHLSTEDT TAKES YOU THROUGH CLASSICAL AND CONTEMPORARY APPROACHES IN DRAWING. DRAFTING FILM IS A RELATIVELY NEW AND EXCITING SURFACE FOR COLORED PENCIL ARTISTS WITH MANY BENEFITS. YOU WILL LEARN HOW TO TAKE ADVANTAGE OF ITS SEMI-TRANSLUCENT SURFACE BY DRAWING ON BOTH SIDES OF THE FILM, OPENING YOUR WORLD TO NEW POSSIBILITIES. COST FOR THE CLASS IS \$85. [CLICK HERE](#) TO REGISTER. FOR QUESTIONS OR MORE INFORMATION EMAIL [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM).

### COLORED PENCIL EXPLORERS

**MAY 10, 11:00AM-1:00PM**

DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM).

### COLORED PENCIL OPEN DRAW

**EVERY MONDAY, 10:00AM-12:00PM (NO CLASS MAY 26)**

OPEN DRAW IS FREE! FOR QUESTIONS OR MORE INFORMATION EMAIL SUSAN MORRIS AT [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM)

### GÜIPIL BILINGUAL BOOK CLUB AND JOURNALING

**MAY 13, 6:00PM-7:30PM**

THIS BOOK CLUB-STYLE ACTIVITY OFFERS PARTICIPANTS A UNIQUE OPPORTUNITY TO ENGAGE WITH BILINGUAL TEXTS THAT REFLECT DIVERSE CULTURAL NARRATIVES AND TO USE WRITING AS A TOOL FOR PERSONAL DISCOVERY AND EXPRESSION. ALL SESSIONS ARE FREE! REGISTRATION IS REQUIRED. TO REGISTER CONTACT [REBECASEGEBRE@GMAIL.COM](mailto:REBECASEGEBRE@GMAIL.COM).

### JEWELRY MAKING CLASS

**MAY 14, 9:00AM-11:00AM & 11:30AM-1:30PM**

LEARN HOW TO CHOOSE YOUR JEWELRY-MAKING MATERIALS AND PUT THEM TOGETHER INTO A SIMPLE, PRETTY NECKLACE OR BRACELET SET. EXPERIENCED DESIGNERS WILL BE PRESENT TO GUIDE YOU THROUGH THE PROCESS FROM BEGINNING TO END. \$20.00 INCLUDES INSTRUCTION AND SUPPLIES. YOU MUST REGISTER FOR EITHER THE 9AM OR 11:30AM SESSION TO ATTEND. TO REGISTER OR FOR MORE INFORMATION CONTACT THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217).

### LINE DANCING

**EVERY TUESDAY, 5:30PM-7:30PM**

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT [727-776-1555](tel:727-776-1555) OR [JPWOMAN@MSN.COM](mailto:JPWOMAN@MSN.COM)

### MEDITATIVE MOVEMENT

**MAY 7, 14, 21 & 28, 10:30AM-12:00PM & MAY 8 & 22, 6:00PM-7:30PM**

DISCOVER A WAY TO TRANSFORM AND RELEASE NEGATIVE THOUGHTS AND FEELINGS AND IMPROVE OVERALL HEALTH AND WELLBEING THROUGH MOVEMENT. THE GENTLE, FLUID MOVEMENT SEQUENCES IN MEDITATIVE MOVEMENT ARE A DISTINCTIVE COMBINATION OF ANCIENT, TRADITIONAL EASTERN MARTIAL ART FORMS COMBINED WITH CONTEMPORARY INSIGHT AND KNOWLEDGE FOR A UNIQUELY WELL ROUNDED AND COMPREHENSIVE HOLISTIC MOVING MEDITATION. CLASS IS FREE BUT REGISTRATION IS REQUIRED. PLEASE TEXT OR EMAIL INSTRUCTOR BETH BEAN TO REGISTER, [336-408-9899](tel:336-408-9899) OR [ELBEDAL99@GMAIL.COM](mailto:ELBEDAL99@GMAIL.COM).

### MOBILITY & FLEXIBILITY CLASS

**EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM (NO CLASS MAY 26)**

WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF CLASSES IS \$100. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT [336-995-6910](tel:336-995-6910) OR EMAIL AT [WINSTONWELLBEING@GMAIL.COM](mailto:WINSTONWELLBEING@GMAIL.COM).

## MOMMY & ME CLASSES

**MUSIC & MOVEMENT - TUESDAY'S, 10:00AM-11:00AM & THURSDAY'S, 9:00AM-10:00AM & 10:00AM-11:00AM**

YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$57 PER MONTH OF CLASSES. TO REGISTER [CLICK HERE](#).

**MAY 5, 3:00PM-4:30PM**

SONG, DISCOVERY, AND SURPRISES COLLIDE IN OPERA LITE: TRIBUTE TO A BROKEN RECORD PLAYER, WHERE CLASSICAL MUSIC GETS A FUN, CREATIVE TWIST. JOIN JOYNER HORN (SOPRANO) AND LOGAN WEBBER (TENOR) AS THEY DIVE INTO THE HISTORY OF SOME OF OPERA'S GREATEST HITS, BREAKING THEM DOWN AND SHARING THEM WITH THE AUDIENCE - FROM MOZART TO VERDI TO WAGNER, WITH PLENTY IN BETWEEN. THIS UNIQUE PERFORMANCE EXPLORES ICONIC WORKS THAT WILL APPEAL TO SEASONED OPERA LOVERS AND NEWCOMERS ALIKE AND FEATURES SINGERS WHO HAVE PERFORMED ON STAGES ACROSS THE COUNTRY AND AROUND THE WORLD! \$15 FOR ADULTS, KIDS 10 AND UNDER ARE FREE. TO GET YOUR TICKET [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION PLEASE CALL [336-725-7101](tel:336-725-7101) OR EMAIL [INFO@PIEDMONTOPERA.ORG](mailto:INFO@PIEDMONTOPERA.ORG).

## OPERA LITE

**MAY 7, 14, 21, & 28, 10:00AM-12:00PM**

EVERYONE IS AN ARTIST! COLORS, SHAPES, AND LINES ARE OUR FIRST LANGUAGE. JOIN US FOR A BOLD AND ENERGIZING 4-WEEK NEO-EXPRESSIONISM ART-MAKING SERIES! USING OIL CRAYON (PASTEL) AND ACRYLIC PAINT, THIS CLASS WILL GUIDE YOU THROUGH A SIMPLE 7-STEP PROCESS TO CREATE POWERFUL, EXPRESSIVE ARTWORK THAT CAPTURES RAW EMOTION AND STORYTELLING. LED BY TALIA SCOTT, LCMHC, ATR-BC, AN EXPERIENCED ART THERAPIST WHO LOVES EXPLORING CREATIVITY IN GROUPS, WE'LL BUILD DYNAMIC PIECES TOGETHER BY LAYERING BASIC SHAPES, WORDS, AND CARTOON-LIKE FIGURES WITH BRIGHT, EYE-CATCHING COLORS INSPIRED BY EVERYDAY LIFE. COST FOR THE 4 CLASSES IS \$25. PLEASE CALL [336-748-0217](tel:336-748-0217) TO REGISTER.

## OPEN DOORS ART CLASS

**MAY 6 & 20, 6:00PM-8:00PM**

CLASS IS FREE! LEARN ESSENTIAL SEWING SKILLS TO CRAFT HANDMADE ITEMS FOR BABIES IN THIS 4-PART SERIES BY NEWBORNS IN NEED. NO SEWING EXPERIENCE REQUIRED! EACH CLASS BUILDS ON THE NEXT, PROVIDING STEP-BY-STEP INSTRUCTION AND HANDS-ON PRACTICE WITH CREATION OF AT LEAST 4 HANDMADE ITEMS INCLUDING BURP CLOTHS, BIBS, AND BLANKETS. ALL MATERIALS PROVIDED. THIS CLASS IS SUITED FOR ADULTS AND SENIORS BUT CAN BE FOR AGES 12-ADULTS. REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#). FOR ANY QUESTIONS PLEASE CONTACT [PIEDMONTTRIAD@NEWBORNSINNEED.ORG](mailto:PIEDMONTTRIAD@NEWBORNSINNEED.ORG).

## SEWING ESSENTIALS FOR NEWBORNS

**MAY 5, 12, 19, & 27, 6:00PM-7:00PM**

LEARN THE FUNDAMENTALS OF THIS POPULAR CAROLINA DANCE WITH BASIC STEPS, TURNS AND STYLE. PRACTICE IS YOUR GOAL TO MASTER UPPER-LEVEL STEPS TO BEACH MUSIC THAT MOVES YOU TO THE FLOOR! COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT [336-765-7898](tel:336-765-7898).

## SHAG DANCE CLASS

**EVERY FRIDAY, 9:00AM-10:00AM**

TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS "A MOVING MEDITATION." IT IS PRACTICED BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH ARTHRITIS AND OTHER CHRONIC CONDITIONS. A \$2 DONATION IS SUGGESTED FOR EACH CLASS. FOR QUESTIONS ALL THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217).

## TAI CHI CLASS

**EVERY TUESDAY, 6:00PM-7:00PM**

THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE, AND MOBILITY. PLEASE BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. CLASS IS FREE! FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT [KAKILPINEN@GMAIL.COM](mailto:KAKILPINEN@GMAIL.COM).

## YOGA CLASS

**EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM (NO CLASS MAY 26)**

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. CLASS IS FREE ! TO REGISTER PLEASE CONTACT TAYLOR AT [TAYLORLAZEAU@GMAIL.COM](mailto:TAYLORLAZEAU@GMAIL.COM).

## ZUMBA CLASS

**FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE [CLICK HERE](#)**

**SIGN UP TO GET MONTHLY PROGRAM UPDATES BY [CLICKING HERE](#)**