

Mary Alice Warren Community Center

May 2026 Upcoming Programs

ADULT ACTING IMPROV

May 14, 6:30pm-7:30pm

Improv training and practice for adults. No experience required. Cost for the class is \$10. To register email Heather Schenck at HLSchenck@gmail.com.

AMERICAN MAHJONG

Every Monday, 1:00pm-4:30pm (No Class May 25)

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, ryckman6@gmail.com.

BEGINNER HAND EMBROIDERY CLASS

May 23, 10:00am-11:30am

This class is for anyone wanting to learn a fun new hobby! In each class you will be provided with all the materials you need, live teaching, and a finished product to take home! Cost for each class is \$45. To register [CLICK HERE](#). For questions or more information email jhoward97@gmail.com.

CHESS GROUP

May 3, 10, 24, & 31, 2:00pm-4:00pm

Join the West Forsyth County Chess players to learn, play, or discuss chess. There is no cost but registration is required. To register email tommyjssmilegallery@gmail.com or text Thomas at [\(931\) 267-6716](tel:(931)267-6716).

CREATING DYNAMIC OIL PAINTINGS

May 16, 1:00pm-4:00pm

All levels welcome! In this oil painting workshop, we will discuss simplifying composition and different approaches to starting your painting to create stronger designs. Bring your own reference photos (ideally 8x10 images - one in color and a second in black and white). The instructor will provide all materials. To register [CLICK HERE](#). For questions or more information email info@associatedartists.org.

COLORED PENCIL EXPLORERS

May 9, 11:00am-1:00pm

Do you love colored pencils and want to connect with others who feel the same? Then join us to connect with and get to know others who enjoy creating with colored pencils. All are invited and encouraged to attend! FREE but registration is required. Register by email to president@cpsa125.org.

COLORED PENCIL OPEN DRAW

Every Monday, 10:00am-1:00pm (No Class May 25)

Open Draw is FREE! For questions or more information email Susan Morris at president@cpsa125.org.

GROWN UP & ME CLASS

Music & Movement - Tuesday's 10:00am-11:00am & Thursday's, 9:00am-10:00am & 10:00am-11:00am

You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register [CLICK HERE](#).

JEWELRY MAKING CLASS

May 13, 9:00am-11:00am & 11:30am-1:30pm

Learn how to choose your jewelry-making materials and put them together into a simple, pretty necklace or bracelet set. Experienced designers will be present to guide you through the process from beginning to end. \$20.00 includes instruction and supplies. You must register for either the 9am or 11:30am session to attend. To register or for more information contact the Shepherd's Center at [336-748-0217](tel:336-748-0217).

LET'S PLAY PENNIES

Every Wednesday, 1:00pm-4:00pm

CLASS IS FREE! Pennies from Heaven is a form of canasta, but with more strategy. Its akin to Hand & Foot canasta. Beware! Its a lot of fun but becomes very addictive. Registration is required. To Register contact Debra Thompson at debralouise1012@gmail.com or contact Dawn Shannon at [336-829-6464](tel:336-829-6464).

LINE DANCING

Every Tuesday, 3:30pm-7:00pm

\$7 per class. Class Schedule - 3:30pm (Basic Beginner), 4:30pm (Low Intermediate), 5:30pm (Beginner), 6:15pm (Improver/Request). Contact Jackie Phillips to register at [\(727\) 776-1555](tel:727-776-1555) or jpwoman@msn.com.

MOBILITY & FLEXIBILITY CLASS

**Every Monday and Wednesday, 11:00am-12:00pm
(No Class May 25)**

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at [\(336\) 995-6910](tel:336-995-6910) or email at winstonwellbeing@gmail.com.

THE SINGING CIRCLE

May 7, 6:00pm-7:00pm

A community song circle where every voice belongs. come sign with us for joy, presence, and heart-filled connection. Simple songs taught on the spot - no experience needed. Class is FREE! To register email sacredhearthealingnc@gmail.com.

TAI CHI CLASS

Every Friday, 9:00am-10:00am

Tai Chi is a slow, graceful form of exercise often described as "a moving meditation." It improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at [336-748-0217](tel:336-748-0217).

YOGA CLASS

Every Tuesday, 6:00pm-7:00pm

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at kakilpinen@gmail.com.

ZUMBA CLASS

Every Monday, 5:30pm-6:30pm (No Class May 25)

Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at taylorlazeau@yahoo.com.

For Detailed Information on All Programs [CLICK HERE](#)

Sign Up to Get Monthly Program Updates by [CLICKING HERE](#)