

# Mary Alice Warren Community Center

## May 2026 Upcoming Programs

### ADULT ACTING IMPROV

**May 14, 6:30pm-7:30pm**

Improv training and practice for adults. No experience required. Cost for the class is \$10. To register email Heather Schenck at [HLSchenck@gmail.com](mailto:HLSchenck@gmail.com).

### AMERICAN MAHJONG

**Every Monday, 1:00pm-4:30pm (No Class May 25)**

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, [ryckman6@gmail.com](mailto:ryckman6@gmail.com).

### BEGINNER HAND EMBROIDERY CLASS

**May 23, 10:00am-11:30am**

This class is for anyone wanting to learn a fun new hobby! In each class you will be provided with all the materials you need, live teaching, and a finished product to take home! Cost for each class is \$45. To register visit <https://forms.gle/KrKFhuVo6efMWSvv7>. For questions or more information email [jhoward97@gmail.com](mailto:jhoward97@gmail.com).

### CHESS GROUP

**May 3, 10, 24, & 31, 2:00pm-4:00pm**

Join the West Forsyth County Chess players to learn, play, or discuss chess. There is no cost but registration is required. To register email [tommyjssmilegallery@gmail.com](mailto:tommyjssmilegallery@gmail.com) or text Thomas at [\(931\) 267-6716](tel:(931)267-6716).

### CREATING DYNAMIC OIL PAINTINGS

**May 16, 1:00pm-4:00pm**

All levels welcome! In this oil painting workshop, we will discuss simplifying composition and different approaches to starting your painting to create stronger designs. Bring your own reference photos (ideally 8x10 images - one in color and a second in black and white). The instructor will provide all materials. To register visit <https://associatedartists.org/event-6534007>. For questions or more information email [info@associatedartists.org](mailto:info@associatedartists.org).

### COLORED PENCIL EXPLORERS

**May 9, 11:00am-1:00pm**

Do you love colored pencils and want to connect with others who feel the same? Then join us to connect with and get to know others who enjoy creating with colored pencils. All are invited and encouraged to attend! FREE but registration is required. Register by email to [president@cpsa125.org](mailto:president@cpsa125.org).

### COLORED PENCIL OPEN DRAW

**Every Monday, 10:00am-1:00pm (No Class May 25)**

Open Draw is FREE! For questions or more information email Susan Morris at [president@cpsa125.org](mailto:president@cpsa125.org).

**PROGRAMS CONTINUE ON BACK OF PAGE**



## **GROWN UP & ME CLASS**

**Music & Movement - Tuesday's 10:00am-11:00am & Thursday's, 9:00am-10:00am & 10:00am-11:00am**  
You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register visit <https://www.learnandplayhooray.com/classes-playgroups>.

## **LET'S PLAY PENNIES**

**Every Wednesday, 1:00pm-4:00pm**  
CLASS IS FREE! Pennies from Heaven is a form of canasta, but with more strategy. Its akin to Hand & Foot canasta. Beware! Its a lot of fun but becomes very addictive. Registration is required. To Register contact Debra Thompson at [debralouise1012@gmail.com](mailto:debralouise1012@gmail.com) or contact Dawn Shannon at [336-829-6464](tel:336-829-6464).

## **LINE DANCING**

**Every Tuesday, 3:30pm-7:00pm**  
\$7 per class. Class Schedule - 3:30pm (Basic Beginner), 4:30pm (Low Intermediate), 5:30pm (Beginner), 6:15pm (Improver/Request). Contact Jackie Phillips to register at [\(727\) 776-1555](tel:727-776-1555) or [jpwoman@msn.com](mailto:jpwoman@msn.com).

## **MOBILITY & FLEXIBILITY CLASS**

**Every Monday and Wednesday, 11:00am-12:00pm (No Class May 25)**  
Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at [\(336\) 995-6910](tel:336-995-6910) or email at [winstonwellbeing@gmail.com](mailto:winstonwellbeing@gmail.com).

## **THE SINGING CIRCLE**

**May 7, 6:00pm-7:00pm**  
A community song circle where every voice belongs. come sign with us for joy, presence, and heart-filled connection. Simple songs taught on the spot - no experience needed. Class is FREE! To register email [sacredhearthealingnc@gmail.com](mailto:sacredhearthealingnc@gmail.com).

## **TAI CHI CLASS**

**Every Friday, 9:00am-10:00am**  
Tai Chi is a slow, graceful form of exercise often described as “a moving meditation.” It improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at [336-748-0217](tel:336-748-0217).

## **YOGA CLASS**

**Every Tuesday, 6:00pm-7:00pm**  
This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at [kakilpinen@gmail.com](mailto:kakilpinen@gmail.com).

## **ZUMBA CLASS**

**Every Monday, 5:30pm-6:30pm (No Class May 25)**  
Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at [taylorlazeau@yahoo.com](mailto:taylorlazeau@yahoo.com).

**For Detailed Information on All Programs visit <https://lewisville.recdesk.com>**

**To Sign Up to Get Monthly Program Updates email [bmoore@lewisvillenc.net](mailto:bmoore@lewisvillenc.net)**