

Mary Alice Warren Community Center

October 2026 Upcoming Programs

ADULT ACTING IMPROV

October 8, 6:30pm-7:30pm

Improv training and practice for adults. No experience required. Cost for the class is \$10. To register email Heather Schenck at HLSchenck@gmail.com.

AMERICAN MAHJONG

Every Monday, 1:00pm-4:30pm

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, ryckman6@gmail.com.

BLOOD DRIVE

October 7, 1:00pm-5:30pm

To Sign Up to give blood [CLICK HERE](#) and search by zip code or sponsor code: Lewisville to make an appointment. For more information contact the American Red Cross at [336-289-0325](tel:336-289-0325).

CHESS GROUP

October 11 & 17, 2:30pm-5:00pm

Join the West Forsyth County Chess players to learn, play, or discuss chess. There is no cost but registration is required. To register email tommyjssmilegallery@gmail.com or text Thomas at [\(931\) 267-6716](tel:931-267-6716).

COLORED PENCIL OPEN DRAW

Every Monday, 10:00am-1:00pm

Open Draw is FREE! For questions or more information email cpsa125@gmail.com

FAMILY ART DROP-IN

October 3, 12:00pm-3:00pm

Arts Council of Winston-Salem & Forsyth County is hosting hands-on visual arts classes and workshops led by professional art instructors, including free art activities geared toward youth and families. All Classes are FREE! For more information [CLICK HERE](#).

FLU VACCINE CLINIC

October 24, 9:00am-11:00am

We are proud to partner with Lewisville Drug Company to bring a flu vaccine pop-up clinic to the Mary Alice Warren Community Center on October 24. Please register by October 20. Get your shot and help keep Lewisville healthy! Please bring your insurance card. To register visit www.lewisvillenc.net.

GROWN UP & ME CLASS

Mondays, 10:00am-11:00am &

Thursdays, 9:00am-10:00am & 10:00am-11:00am

You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register [CLICK HERE](#).

JEWELRY MAKING CLASS

October 14, 9:00am-11:00am & 11:30am-1:30pm

Learn how to choose your jewelry-making materials and put them together into a simple, pretty necklace or bracelet set. \$20.00 includes instruction and supplies. You must register for either the 9am or 11:30am session to attend. To register or for more information contact the Shepherd's Center at [336-748-0217](tel:336-748-0217).

LET'S PLAY PENNIES

Every Wednesday, 1:00pm-4:00pm

CLASS IS FREE! Pennies from Heaven is a form of canasta, but with more strategy. Its akin to Hand & Foot canasta. Beware! Its a lot of fun but becomes very addictive. To Register contact Debra Thompson at debralouise1012@gmail.com or contact Dawn Shannon at [336-829-6464](tel:336-829-6464).

LINE DANCING

Every Tuesday, 3:30pm-7:00pm

\$7 per class. Class Schedule - 3:30pm (Basic Beginner), 4:30pm (Low Intermediate), 5:30pm (Beginner), 6:15pm (Improver/Request). Contact Jackie Phillips to register at [\(336\) 909-7511](tel:336-909-7511) or jpwoman213@gmail.com.

MOBILITY & FLEXIBILITY CLASS

**Every Monday and Wednesday,
10:00am-11:00am & 11:00am-12:00pm**

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at [\(336\) 995-6910](tel:(336)995-6910) or email at winstonwellbeing@gmail.com.

OPERA LITE

October 4, 3:00pm-4:30pm

“ABCs of Opera”, the first event this season on October 4, offers a fun and engaging introduction to opera, perfect for newcomers and longtime fans alike! After the concert, join us for a post-show talkback, where you can learn more about opera, the performing arts, and life as a working artist. Cost for the Performance is \$15. To purchase your ticket [CLICK HERE](#). For questions or more information please call [336-725-7101](tel:336-725-7101) or email marketing@piedmontopera.org.

PLEIN AIR WATER COLOR PAINTING

October 10, 9:00am-12:00pm

In this half-day plein air experience, artists will learn how to really observe their surroundings and portray the emotions that they feel while they are there. Participants are invited to bring their own watercolor materials. A view finder will be provided with instructions on finding a good composition and interesting subject matter. The cost for the class is \$10 for members and \$15 for non-members. To register and view the full supply list [CLICK HERE](#).

STORY TIME SERIES

October 3, 10:30am-11:30am

Come listen and participate in a fun storytelling performances with the following storytellers! Each session is FREE! For more information [CLICK HERE](#).

SYMPHONY SERENADES

October 18, 3:00pm-4:00pm

Brought to you by the Winston-Salem Symphony

Perfect for music fans of all ages, this one-hour performance will feature a variety of musical styles that highlight the expressive power of various parts of the orchestra. This performance features a Woodwind Quintet.

To reserve your FREE ticket [CLICK HERE](#). For questions or more information please call [\(336\) 725-1035](tel:(336)725-1035).

TAI CHI CLASS

Every Friday, 9:00am-10:00am

Tai Chi is a slow, graceful form of exercise often described as “a moving meditation.” It improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at [336-748-0217](tel:336-748-0217).

TEXTILE TIME

October 8, 15, 22, & 29, 2:00pm-3:30pm

We will explore ways to design various items using textiles. You will put together a Boho Necklace by using handmade polymer clay beads and fabric. The two other projects you will create are Felted Soaps and Affirmation Amulet Pins or Necklaces. Cost is \$25 for the 4 classes. \$25 includes instruction and supplies. To register or for more information contact the Shepherd's Center at [336-748-0217](tel:336-748-0217).

YANG 24 TAI CHI CLASS

October 1, 8, 22, & 29, 10:00am-11:00am

Basic tai chi where the participant will learn basic forms of the Yang 24 style. Class is Free! Call the Shepherd's Center at [336-748-0217](tel:336-748-0217) for any questions.

YOGA CLASS

Every Tuesday, 6:00pm-7:00pm

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at kakilpinen@gmail.com.

ZUMBA CLASS

Every Monday, 6:00pm-7:00pm

Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at taylorlazeau@yahoo.com.

For Detailed Information on All Programs [CLICK HERE](#)

Sign Up to Get Monthly Program Updates by [CLICKING HERE](#)