

MARY ALICE WARREN COMMUNITY CENTER

SEPTEMBER 2024 UPCOMING PROGRAMS

AMERICAN MAHJONG

EVERY MONDAY, 1:00PM-5:00PM

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, RYCKMAN6@GMAIL.COM

CARD GAME CLASS

EVERY WEDNESDAY, 1:00PM-4:00PM

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT DEBRALOUISE1012@GMAIL.COM OR 336-926-4120 OR CONTACT BETTY BARKER AT 336-416-4166.

COLORED PENCIL CLASSES

FREE OPEN DRAW - SEPTEMBER 9, 16, 23, & 30, 10:00AM-12:00PM

BEGINNER CLASS - SEPTEMBER 3, 10, 17, & 24, 9:30AM-12:00PM & SEPTEMBER 3, 4, 11, 17, 18, 24, 25, & OCTOBER 1, 6:00PM-8:30PM

SURFACES IN COLORED PENCIL - SEPTEMBER 3, 17, 24, & OCTOBER 1, 1:00PM-3:30PM

INTRO TO DRAWING DOGS - SEPTEMBER 4, 11, 18, & 25, 9:30AM-12:00PM

UNDERSTANDING COLOR THEORY - SEPTEMBER 4, 11, 18, & 25, 1:00PM-3:30PM

THE COST FOR EACH CLASS IS \$65. SUPPLIES ARE NOT INCLUDED. TO REGISTER FOR ANY OF THE CLASSES [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION EMAIL SUSAN MORRIS AT SHMORRISART@GMAIL.COM

COLORED PENCIL EXPLORERS

SEPTEMBER 14, 1:00PM-3:30PM

DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO SHMORRISART@GMAIL.COM.

COOKING CLASS

SEPTEMBER 3, 10, 17, & 24, 6:00PM-9:00PM

WELCOME TO BAKERS, COOKS & TASTERS! WHERE CULINARY ADVENTURE MEETS CAMARADERIE! OUR CLASSES ARE DESIGNED TO BE NOT JUST INFORMATIVE BUT INCREDIBLY FUN, FOSTERING A SENSE OF TOGETHERNESS AND FRIENDLY COMPETITION AMONG MEMBERS. COST PER CLASS IS \$65 FOR NON-MEMBERS AND \$45 FOR MEMBERS. TO REGISTER [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL BRITTANY MCCRAY AT BRITTANY.TME@GMAIL.COM.

FAMILY ART POP-IN

SEPTEMBER 28, 12:00PM-3:00PM

JOIN ARTIST PHOEBE ROBERTS AS SHE TEACHES HOW TO PAINT AN ACRYLIC SUNFLOWER. CLASS IS FREE! TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT CBOYNTON@INTOTHEARTS.ORG OR (336) 747-1431.

GUIPIL BILINGUAL BOOK CLUB

SEPTEMBER 10, 6:00PM-7:30PM

THIS BOOK CLUB-STYLE ACTIVITY OFFERS PARTICIPANTS A UNIQUE OPPORTUNITY TO ENGAGE WITH BILINGUAL TEXTS THAT REFLECT DIVERSE CULTURAL NARRATIVES AND TO USE WRITING AS A TOOL FOR PERSONAL DISCOVERY AND EXPRESSION. ALL SESSIONS ARE FREE! REGISTRATION IS REQUIRED. [CLICK HERE](#) TO REGISTER. FOR MORE INFORMATION OR QUESTIONS CONTACT REBECASEGEBRE@GMAIL.COM.

LAMAZE CLASS

SEPTEMBER 7, 8:00AM-12:00PM

LAMAZE CHILDBIRTH EDUCATION IS NOT JUST ABOUT BREATHING. THE GOAL OF LAMAZE CLASSES IS FOR ALL PARENTS TO LEARN ABOUT WHAT TO EXPECT THROUGHOUT LABOR AND BIRTH AND EARLY PARENTING. CLASSES ARE BASED ON MEDICAL EVIDENCE AND DESIGNED WITH GOAL OF HELPING PARENTS FEEL CONFIDENT, SUPPORTED AND POWERFUL AS THEY USE THE INFORMATION LEARNED IN CLASSES TO ASK QUESTIONS, MAKE DECISIONS AND NAVIGATE THEIR PATH THROUGH PREGNANCY, BIRTH AND CHILDHOOD. COST FOR EACH CLASS IS \$175 PER COUPLE. TO REGISTER [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION EMAIL SUPPORT@NURTURINGGENERATIONS.ORG.

LINE DANCING

EVERY TUESDAY, 5:30PM-7:30PM

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT [727-776-1555](tel:727-776-1555) OR JPWOMAN@MSN.COM

MARLENE KUSER ART CLASS

SEPTEMBER 10, 3:00PM-5:00PM

JOIN ARTIST MARLENE KUSER AS SHE TEACHES 4 FREE ART CLASSES FOR AGES 10+! LEARN TO MAKE A MEMORY WIRE BRACELET, WONDERFUL AND EASY-TO-MAKE BRACELETS. NO EXPERIENCE NEEDED. REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT CBOYNTON@INTOTHEARTS.ORG OR (336) 747-1431.

MEDITATIVE MOVEMENT

EVERY WEDNESDAY, 10:30AM-12:00PM

STEP INTO THE JOYFUL, LOVE-FILLED CURRENTS OF THE DIVINE WITH MEDITATIVE MOVEMENT AND DANCE. THIS CLASS HELPS TO BALANCE AND HARMONIZE THE SOUL AND EASE STRESS, TENSION, AND ANXIETY OUT OF THE BODY AND SILENCE THE "OVER THINKING" MIND. CLASS IS FREE BUT REGISTRATION IS REQUIRED. PLEASE TEXT OR EMAIL INSTRUCTOR BETH BEAN TO REGISTER, [336-408-9899](tel:336-408-9899) OR ELBEDAL99@GMAIL.COM.

MOBILITY & FLEXIBILITY CLASS

EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM

WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT [336-995-6910](tel:336-995-6910) OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

MOMMY & ME CLASSES

MUSIC & MOVEMENT - TUESDAY'S, 10:00AM-11:00AM & 1:30PM-2:30PM & THURSDAY'S, 9:00AM-10:00AM & 10:00AM-11:00AM

BOUCING BABIES PLAYGROUP - TUESDAY'S, 11:00AM-12:00PM

YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. \$47 PER MONTH OF CLASSES. TO REGISTER [CLICK HERE](#).

SEPTEMBER 12 & 26, 1:00PM-3:00PM

MIXED MEDIA EXPLORATIONS

LEARN HOW TO SUCCESSFULLY COMBINE SEVERAL MEDIUMS IN THIS CLASS. WE WILL HAVE HANDS-ON REVIEW/INTRODUCTION OF SEVERAL MEDIUMS/TECHNIQUES AND SURFACES IN WEEKS 1-3. BEGINNING WEEK 4 EACH PARTICIPANT WILL PLAN, DESIGN, AND CARRY OUT A PROJECT OF THEIR OWN CHOICE. WEEKS 4-7 WILL BE GUIDED WORK SESSIONS. COST FOR THE 7-PART CLASS IS \$100 AND INCLUDES ALL SUPPLIES. TO REGISTER EMAIL SANDRA WIMBUSH AT SKWIMBISH@GMAIL.COM.

SEPTEMBER 29, 1:00PM-4:00PM

MIXED MEDIA WITH PATTY PAPE

HAVE YOU EVER WONDERED HOW ARTISTS DEVELOP THEIR DRAWING AND PAINTING SKILLS? MAYBE YOU WANT TO ESTABLISH A DAILY ART PRACTICE? IF YOU ANSWERED YES TO ANY OF THESE QUESTIONS, THERE IS ONLY ONE ANSWER FOR YOU - AN ART SKETCHBOOK! AAW'S CREATED THIS WORKSHOP SERIES TO EXPLORE THE ADVANTAGES OF FORMING A ROUTINE SKETCHBOOK PRACTICE. NO EXPERIENCE NECESSARY. THIS IS A CLASS FOR BEGINNERS AS WELL AS EXPERIENCED ARTISTS. COST FOR MEMBERS IS \$15 AND \$30 FOR NON-MEMBERS. TO REGISTER [CLICK HERE](#). FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL INFO@ASSOCIATEDARTISTS.ORG.

SEPTEMBER 9, 16, 23, & 30, 1:00PM-2:30PM

OPEN DOORS ART CLASS

COME EXPLORE THE VAST AND WONDROUS WORLD OF POLYMER CLAY. THE FIRST PROJECT IS A "TOASTER OVEN" PEN. THE SECOND PROJECT IS A VOTIVE CANDLE HOLDER. THE LAST ONE IS A MIRROR IMAGE PENDANT. ALL PROJECTS ARE EASY TO MAKE, BUT THE BEST PART IS THAT YOU CANNOT MAKE A MISTAKE! THEY MAKE GREAT GIFTS - IF YOU CAN PART WITH YOUR LITTLE WORKS OF ART! CLASS IS FREE! YOU MUST BE REGISTERED TO ATTEND. CLASS IS LIMITED. PLEASE CALL [336-748-0217](tel:336-748-0217) TO REGISTER.

SEPTEMBER 12 & 26, 10:00AM-12:00PM

REALISTIC DRAWING TECHNIQUES

SOLID SKETCHING SKILLS ARE FOUNDATIONAL TO SATISFACTORY ART CREATION . THIS IS A GREAT CLASS IF YOU FEEL LESS THAN CONFIDENT TO SKETCH ART PROJECTS. WE WILL WORK FROM SIMPLE SKETCHES TO MORE COMPLEX ONES OVER THE COURSE OF 7 SESSIONS. COST FOR THE 7-PART CLASS IS \$85 WITHOUT SUPPLIES OR \$95 WITH SUPPLIES. TO REGISTER EMAIL SANDRA WIMBUSH AT SKWIMBISH@GMAIL.COM.

SEPTEMBER 21, 10:00AM-11:30AM

REYNOLDA HOUSE DISCOVERY LESSONS

REYNOLDA DISCOVERY LESSONS PROMOTE READING READINESS AND VISUAL LITERACY FOR PRESCHOOLERS THROUGH DRAMATIC PLAY, MUSIC, MOVEMENT, AND ARTMAKING, USING A WORK OF ART OR ITEM FROM REYNOLDA'S COLLECTION AS A STARTING POINT. DURING THIS DISCOVERY LESSON WE WILL EXAMINE THE SPECIAL ATTRIBUTES OF HUMMINGBIRDS AS WELL AS STUDY CROSS-POLLINATION WITH A HANDS-ON SIMULATION. WE WILL MAKE 3-D MODELS OF A HUMMINGBIRD AND NEST AND LEARN HOW TO INCREASE AND MAINTAIN THE HUMMINGBIRD POPULATION. TO REGISTER [CLICK HERE](#). FOR QUESTIONS, CONTACT JANIE BASS AT JANIE@REYNOLDA.ORG OR [\(336\) 758-6271](tel:336-758-6271).

SEPTEMBER 13, 7:00PM-9:00PM

SALEM SWING BAND CONCERT

JOIN THE SALEM SWING BAND AS THEY HOST A FREE CONCERT! COME OUT AND DANCE THE NIGHT AWAY.

SEPTEMBER 8 & 22, 2:00PM-4:00PM

SEWING ESSENTIALS FOR NEWBORNS

LEARN ESSENTIAL SEWING SKILLS TO CRAFT HANDMADE ITEMS FOR BABIES IN THIS 4-PART SERIES BY NEWBORNS IN NEED. NO SEWING EXPERIENCE REQUIRED, THOUGH BASIC ABILITY TO OPERATE A SEWING MACHINE IS HELPFUL. IF YOU HAVE YOUR OWN SEWING MACHINE PLEASE BRING IT. WE HAVE A FEW THAT CAN BE PROVIDED IF YOU DO NOT HAVE ONE. REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#). FOR ANY QUESTIONS PLEASE CONTACT PIEDMONTTRIAD@NEWBORNSINNEED.ORG.

SEPTEMBER 28, 10:30AM-11:30AM

STORY TIME SERIES

COME LISTEN AND PARTICIPATE IN FUN STORYTELLING WITH R.V. KUSER. CLASS IS FREE! TO REGISTER [CLICK HERE](#). FOR MORE INFORMATION OR QUESTIONS CONTACT CÉCILE BOYNTON AT CBOYNTON@INTOTHEARTS.ORG OR [\(336\) 747-1431](tel:336-747-1431).

SEPTEMBER 9, 16, 23, & 30, 6:00PM-7:00PM

SHAG DANCE CLASS

JOIN INSTRUCTOR SUE RICE AS SHE TEACHES A BEGINNER SHAG DANCE CLASS. LEARN HISTORY, NOSTALGIA, WHERE TO SHAG DANCE, SOS DATES, AND MORE! NO PARTNER IS NEEDED TO BEGIN. PLEASE WEAR SMOOTH BOTTOM SHOES. BEACH MUSIC PROVIDED FOR PRACTICE. COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT [336-765-7898](tel:336-765-7898).

SEPTEMBER 6, 13, 20, & 27, 9:00AM-10:00AM

TAI CHI CLASS

TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS "A MOVING MEDITATION." IT IS PRACTICED BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH ARTHRITIS AND OTHER CHRONIC CONDITIONS. CLASS IS FREE! YOU MUST BE REGISTERED TO ATTEND. CLASS SIZE IS LIMITED. CALL THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217) TO REGISTER.

SEPTEMBER 15, 3:00PM-4:00PM, SEPTEMBER 27, 5:30PM-6:30PM, & SEPTEMBER 29, 3:00PM-4:00PM

WINSTON SALEM SYMPHONY SERENADES

BROUGHT TO YOU BY THE WINSTON-SALEM SYMPHONY. PERFECT FOR MUSIC FANS OF ALL AGES, THESE ONE-HOUR PERFORMANCES WILL FEATURE A VARIETY OF MUSICAL STYLES THAT HIGHLIGHT THE EXPRESSIVE POWER OF VARIOUS PARTS OF THE ORCHESTRA. PREPARE TO HEAR SOMETHING FAMILIAR AND SOMETHING BRAND NEW! FOR QUESTIONS, PLEASE CONTACT [\(336\) 464-0145](tel:336-464-0145).

SEPTEMBER 5, 12, & 19, 6:00PM-7:00PM

YOGA CLASS

THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE, AND MOBILITY. PLEASE BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. CLASS IS FREE! FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT KAKILPINEN@GMAIL.COM.

EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM

ZUMBA CLASS

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. \$7 PER CLASS. TO REGISTER PLEASE CONTACT TAYLOR AT TAYLORLAZEAU@GMAIL.COM.

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE [CLICK HERE](#)

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY [CLICKING HERE](#)