

Mary Alice Warren Community Center

September 2025 Upcoming Programs

AMERICAN MAHJONG

Every Monday, 1:00pm-5:00pm (No Class Sept. 1)

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, ryckman6@gmail.com.

September 25, 9:30am-12:30pm

BEYOND BRUSHSTROKES

In this workshop, you will discover hundreds of ways to apply and manipulate media. We will explore the use of kitchen implements and other common objects to apply, transform, and remove paint! Cost for the class is \$20 for members and \$25 for non-members. To Register [CLICK HERE](#). For questions or more information email info@associatedartists.org.

Every Wednesday, 1:00pm-4:00pm

CARD GAME CLASS

CLASS IS FREE! Join Instructor Beth Deller as she will be teaching different card games. The first game she will be teaching is Pennies from Heaven. Registration is required. To Register contact Debra Thompson at debralouise1012@gmail.com or contact Dawn Shannon at [336-829-6464](tel:336-829-6464).

September 13, 11:00am-1:00pm

COLORED PENCIL EXPLORERS

Do you love colored pencils and want to connect with others who feel the same? Then join us to connect with and get to know others who enjoy creating with colored pencils. Register by email to president@cpsa125.org.

Every Monday, 10:00am-12:00pm (No Class Sept. 1)

COLORED PENCIL OPEN DRAW

Open Draw is FREE! For questions or more information email Susan Morris at president@cpsa125.org

September 26 & 27, 10:00am-5:00pm

COLORED PENCIL WORKSHOP - MAINE COON CAT

Join the purr-fect class with seasoned instructor and feline art expert, Gemma! In this fun and interactive class, you'll master fabulous techniques for capturing cat whiskers, long and short fur, and those mesmerizing, soulful eyes that bring your portraits to life. Cost for the 2 day workshop is \$230. [CLICK HERE](#) to register. For questions or more information email president@cpsa125.org.

September 20, 12:00pm-3:00pm

FAMILY ART DROP-IN

Arts Council of Winston-Salem & Forsyth County is hosting hands-on visual arts classes and workshops led by professional art instructors geared toward youth and families. September 20th is Fall Leaves, A Leaf Printing Workshop led by Issis Kelly. Each session is FREE! Registration is required. To register [CLICK HERE](#). For more information or questions contact Cécile Boynton at cboynton@intothearts.org or [\(336\) 747-1431](tel:336-747-1431).

September 10, 9:00am-11:00am & 11:30am-1:30pm

JEWELRY MAKING CLASS

Learn how to choose your jewelry-making materials and put them together into a simple, pretty necklace or bracelet set. \$20.00 includes instruction and supplies. To register contact the Shepherd's Center at [336-748-0217](tel:336-748-0217).

Every Tuesday, 5:30pm-7:30pm

LINE DANCING

\$7 per class. Contact Jackie Phillips to register at [\(727\) 776-1555](tel:727-776-1555) or jpwoman@msn.com.

September 18, 3:00pm-5:00pm

MARLENE KUSER ART CLASS

Arts Council of Winston-Salem & Forsyth County is hosting a hands-on visual arts class and workshops led by Marlene Kuser. September 18th is Memory Wire Bracelet. Class is FREE and limited to 8 participants. To register [CLICK HERE](#). For more information or questions contact Cécile Boynton at cboynton@intothearts.org or [\(336\) 747-1412](tel:336-747-1412).

Every Wednesday, 6:30pm-7:30pm

**MIXXEDFIT
CLASS**

A fitness program that combines bodyweight toning exercises and dance-based movements while incorporating elements of cardio and strength training. \$10 per class. For more information and to register please contact Taylor Lazeau at taylorlazeau@yahoo.com.

**MOBILITY &
FLEXIBILITY
CLASS**

Every Monday and Wednesday, 11:00am-12:00pm (No Class Sept. 1)

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at (336) 995-6910 or email at winstonwellbeing@gmail.com.

**MOMMY
& ME
CLASS**

Music & Movement - Tuesday's, 10:00am-11:00am & Thursday's, 9:00am-10:00am & 10:00am-11:00am

Preschool Play-School - Tuesday's, 1:15pm-2:00pm

You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register [CLICK HERE](#).

**REYNOLDA
DISCOVERY
LESSONS**

September 19, 10:00am-12:00pm

Reynolda Discovery Lessons promote reading readiness and visual literacy for preschoolers through dramatic play, music, movement, and artmaking, using a work of art or item from Reynolda's collection. In this session children will embark on a sensory-rich adventure, blending art and nature through creative exploration. Registration is required. To Register [CLICK HERE](#). For questions, contact Janie Bass at janie@reynolda.org or (336) 758-6271.

**SHAG
DANCE
CLASS**

September 8, 15, 22, & 29, 6:00pm-7:00pm

Learn the fundamentals of this popular Carolina dance with basic steps, turns and style. Practice is your goal to master upper-level steps to Beach Music that moves you to the floor! Cost is \$50 for the 4-class session. For more information and to register please call Instructor Sue Rice at [336-765-7898](tel:336-765-7898).

**STORY TIME
SERIES**

September 20, 10:30am-11:30am

Come listen and participate in a fun storytelling performances with Bob Moyer. Each session is free! Registration is required. To register [CLICK HERE](#). For more information or questions contact Cécile Boynton at cboynton@intothearts.org or (336) 747-1431.

**TAI CHI
CLASS**

Every Friday, 9:00am-10:00am

Tai Chi is a slow, graceful form of exercise often described as "a moving meditation." it is practiced by millions of people around the globe, because it improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at [336-748-0217](tel:336-748-0217).

**THE
SINGING
CIRCLE**

September 4, 6:00pm-7:00pm

A community song circle where every voice belongs. come sign with us for joy, presence, and heart-filled connection. Simple songs taught on the spot - no experience needed. Class is FREE! To register email sacredjourneync@gmail.com.

**YOGA
CLASS**

Every Tuesday, 6:00pm-7:00pm

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at kakilpinen@gmail.com.

**ZUMBA
CLASS**

Every Monday, 6:30pm-7:30pm (No Class Sept. 1)

Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at taylorlazeau@yahoo.com.

For Detailed Information on All Programs [CLICK HERE](#)

Sign Up to Get Monthly Program Updates by [CLICKING HERE](#)