

Mary Alice Warren Community Center

September 2026 Upcoming Programs

ADULT ACTING IMPROV

September 10, 6:30pm-7:30pm

Improv training and practice for adults. No experience required. Cost for the class is \$10. To register email Heather Schenck at HLSchenck@gmail.com.

AMERICAN MAHJONG

Every Monday, 1:00pm-4:30pm (No Class Sept. 7)

CLASS IS FREE! Registration is required. New classes begin first Monday of each month. To register contact Kathy Ryckman, ryckman6@gmail.com.

BEGINNER HAND EMBROIDERY CLASS

September 26, 10:00am-11:30am

This class is for anyone wanting to learn a fun new hobby! In each class you will be provided with all the materials you need, live teaching, and a finished product to take home! Cost for each class is \$45. To register [CLICK HERE](#). For questions or more information email embroider.joy1@gmail.com.

COLORED PENCIL EXPLORERS

September 12, 11:00am-1:00pm

Do you love colored pencils and want to connect with others who feel the same? Then join us to connect with and get to know others who enjoy creating with colored pencils. All are invited and encouraged to attend! FREE but registration is required. For questions or more information email president@cpsa125.org.

COLORED PENCIL OPEN DRAW

Every Monday, 10:00am-1:00pm (No Class Sept. 7)

Open Draw is FREE! For questions or more information email president@cpsa125.org.

FAMILY ART DROP-IN

September 5, 12:00pm-3:00pm

Arts Council of Winston-Salem & Forsyth County is hosting hands-on visual arts classes and workshops led by professional art instructors, including free art activities geared toward youth and families. All Classes are FREE! For more information [CLICK HERE](#).

GROWN UP & ME CLASS

September 1, 8, 14, 21, & 28, 10:00am-11:00am & Thursdays, 9:00am-10:00am & 10:00am-11:00am (No Class Sept. 3)

You & Me style classes where you dance, hop, wiggle, march and sing along to songs. \$55 per month of classes. To register [CLICK HERE](#).

JEWELRY MAKING CLASS

September 9, 9:00am-11:00am & 11:30am-1:30pm

Learn how to choose your jewelry-making materials and put them together into a simple, pretty necklace or bracelet set. \$20.00 includes instruction and supplies. You must register for either the 9am or 11:30am session to attend. To register or for more information contact the Shepherd's Center at [336-748-0217](tel:336-748-0217).

LET'S PLAY PENNIES

Every Wednesday, 1:00pm-4:00pm

CLASS IS FREE! Pennies from Heaven is a form of canasta, but with more strategy. Its akin to Hand & Foot canasta. Beware! Its a lot of fun but becomes very addictive. To Register contact Debra Thompson at debralouise1012@gmail.com or contact Dawn Shannon at [336-829-6464](tel:336-829-6464).

LINE DANCING

Every Tuesday, 3:30pm-7:00pm

\$7 per class. Class Schedule - 3:30pm (Basic Beginner), 4:30pm (Low Intermediate), 5:30pm (Beginner), 6:15pm (Improver/Request). Contact Jackie Phillips to register at [\(336\) 909-7511](tel:336-909-7511) or jpwoman213@gmail.com.

LOVELY LAYERS

September 19, 9:00am-12:00pm

Unravel the secrets of multi-layered artwork. Discover ways to draw viewers in and make them wonder. With Brandi's engaging teaching style and encouraging support, artists of all levels will explore playful paths to personal expression through mark-making, collage, painting, and more. Cost for members is \$17 and non-members is \$22. This price includes the materials fee. To register [CLICK HERE](#). For more information or questions please email info@associatedartists.org.

MOBILITY & FLEXIBILITY CLASS

Every Monday and Wednesday, 10:00am-11:00am & 11:00am-12:00pm (No Class Sept. 7)

Winston Well-Being will be offering classes on mobility and flexibility training for Living Your Best Life. The monthly series of classes is \$100. For more information and to register please call Michael Fitzpatrick at [\(336\) 995-6910](tel:(336)995-6910) or email at winstonwellbeing@gmail.com.

PETER AND THE WOLF

September 6, 3:00pm-4:30pm

Family friendly free performance of chamber version of Peter and the Wolf. 6 musicians and narrator. Jason McKinney, narrator; Peter Shanahan, flute; Matthew Covington, oboe; Ron Rudkin, clarinet; Joe Mount, horn; Brianna Cantwell, bassoon; Bev Naiditch, percussion. Performance is FREE! For questions or more information email info@musiccarolina.org.

STORY TIME SERIES

September 5, 10:30am-11:30am

Come listen and participate in a fun storytelling performances with the following storytellers! Each session is FREE! For more information [CLICK HERE](#).

SYMPHONY SERENADES

September 5 & 20, 3:00pm-4:00pm

Brought to you by the Winston-Salem Symphony

Perfect for music fans of all ages, this one-hour performance will feature a variety of musical styles that highlight the expressive power of various parts of the orchestra. September 5 features a Woodwind Quartet and September 20 features an ensemble with 2 Flutes, a Viola, & Cello. To reserve your FREE ticket [CLICK HERE](#). For questions or more information please call [\(336\) 725-1035](tel:(336)725-1035).

TAI CHI CLASS

Every Friday, 9:00am-10:00am

Tai Chi is a slow, graceful form of exercise often described as "a moving meditation." It improves balance, reduces stress and offers pain relief for those with arthritis and other chronic conditions. A \$2 donation is suggested for each class. For questions call the Shepherd's Center at [336-748-0217](tel:336-748-0217).

YANG 24 TAI CHI CLASS

September 24, 10:00am-11:00am

Basic tai chi where the participant will learn basic forms of the Yang 24 style. Class is Free! Call the Shepherd's Center at [336-748-0217](tel:336-748-0217) for any questions.

YOGA CLASS

Every Tuesday, 6:00pm-7:00pm

This class is open to all yogis- from beginners to advanced. We will flow from posture to posture working on strength, balance, and mobility. Please bring your own mat and any supports (blocks, straps, etc) you like. Class is FREE! For questions or more information please email Karolyn at kakilpinen@gmail.com.

ZUMBA CLASS

September 14, 21, & 28, 6:00pm-7:00pm

Join Instructor Taylor Lazeau for this Zumba Class for all levels! \$10 per class. For more information and to register please contact Taylor Lazeau at taylorlazeau@yahoo.com.

For Detailed Information on All Programs [CLICK HERE](#)

Sign Up to Get Monthly Program Updates by [CLICKING HERE](#)